

CANOPY STUDIO Summer 2020

July 6 - August 2

IMPORTANT INFORMATION FOR SUMMER SESSION

- All classes are a continuation/review of curriculum from winter session. New students email info@canopystudio.org for placement.
- Please email ann@canopystudio.org for questions about **kids** class placement.
- All students must pre-pay through Mindbody by July 6 for the 4-week session. **No in-person registration.**
- Private lessons available with indoor/outdoor option at info@canopystudio.org.
- All COVID waivers and consent forms must be signed before training. Please visit canopystudio.org for all our new protocols and policies.
- Pole classes are all limit 4.
- Single classes in main studio are limit 12 (main points 6ft apart).
- Two ongoing classes in main studio are limit 6 (with waitlist to see if there's a possibility to add safely)

GENERAL INFORMATION

Registration:

Go to www.canopystudio.org and click on the "Register" link! This will take you to our Mindbody site. You must create an account in order to register for classes.

Tuition for this Session:

Four 1-hour classes - \$72

Four 1.5-hour classes - \$80

Online classes - \$10 each (must register an hour prior to the class)

Payment:

Full payment is expected by the first day of class via Mindbody, cash, check or credit card. If you register late, you will be charged the full amount and will need to make up that missed class in an appropriate alternative.

Make-up Policy:

Above the beginner level, missed classes can be made up by attending an open studio or taking an online class.

Private Lessons:

Contact us for information about private lessons. Children must be 8 years of age to start private lessons.

Private lessons are available on the outside rig at participant's request.

For more information,
email: info@canopystudio.org
www.canopystudio.org

MONDAY			
12:30 - 1:30 pm	ADULT	Trapeze Intermediate 3	Closed, limit 12
1:30 - 2:30	ADULT	Over B52's Trapeze	Limit 12
3:30 - 4:30	KIDS	Trapeze Beginner 4	Limit 12
4:30 - 5:30	KIDS	Slings 1	Limit 12
5:30 - 6:30	ADULT	Functional Flexibility ★	Limit 4
5:30 - 6:30	ADULT	Trapeze Intermediate 4	Limit 6
5:30 - 6:30	ADULT	Trap Beg 2	Limit 6
6:30 - 8:00	ADULT	Trapeze Advanced 2	Limit 12
6:30 - 8:00	ADULT	Vertical Pole Advanced 2	Limit 4
8:00 - 9:00	ADULT	Trapeze Advanced 1	Limit 12
TUESDAY			
12:30 - 1:30 pm	ADULT	Open Studio - Trapeze	Drop-In: Current Adult Students Only
1:30 - 2:30	ADULT	Lyra Intermediate	Closed, limit 6
4:00 - 5:00	KIDS	Trapeze Intermediate 1	Limit 12
5:00 - 6:00	MS/HS	Trapeze Advanced 1	Limit 12
5:00 - 6:00	ADULT	Vertical Pole Beginner 5	Limit 4
6:00 - 7:00	ADULT	Trapeze Beginner 2	Limit 12
7:15 - 9:00		Repertory Company	Outside studio
WEDNESDAY			
3:30 - 4:30 pm	KIDS	Trapeze Beginner 2	Limit 12
4:45 - 5:45	MS/HS	Trapeze Advanced 2	Limit 12
5:45 - 6:45	ADULT	Fabrics Beginner 1	Closed, limit 12
5:00 - 6:00	ADULT	Vertical Pole Intermed 2	Limit 4
6:45 - 8:00	ADULT	Fabrics 5	Limit 12
6:00 - 7:00	ADULT	Vertical Pole Beginner 1-3	Limit 4
8:00 - 9:00	ADULT	Fabrics 2 & Fabrics 4	Limit 6
THURSDAY			
3:00 - 4:00 pm	KIDS	Slings 3	Limit 12
4:00 - 5:00	KIDS	Slings 4	Limit 12
5:00 - 6:00	ADULT	Beginner Rope	Closed, Limit 6
6:00 - 7:00	KIDS	Slings 5	Limit 6
6:00 - 7:00	ADULT	Trapeze Beg 1	Limit 6
6:00 - 7:00	ADULT	Trapeze Beginner 2	Limit 6
7:00 - 8:00	ADULT	Trapeze Intermediate 2	Limit 6
7:00 - 8:00	ADULT	Trapeze Beginner 1	Closed, Limit 6
8:00 - 9:00	ADULT	Trapeze Intermediate 4	Limit 12
FRIDAY			
12:30 - 1:30 pm	ADULT	Fabrics Conditioning	Limit 12
5:45 - 6:45	ADULT	Fabrics 3	Limit 6
6:45 - 7:45	ADULT	Slings Int 1	Limit 12
SATURDAY			
1:00 - 2:00 pm	ADULT	Trapeze Intermediate 3	Limit 12
SUNDAY			
5:00 - 6:00 pm	16+	Partner Trapeze; July 19 & 26 ONLY	Intermed, committed partners only, Limit 6
6:00 - 7:00	ADULT	Trapeze Int 1	Limit 12
5:00 - 6:00	ADULT	Lyra Beginner 1	Limit 6
7:30 - 8:30	ADULT	Fabrics Beginner 2	Closed, Limit 6

★ Brand new beginner students welcome

July **ONLINE** classes will run in conjunction with our limited in-person schedule. ★ All online classes are suitable for beginners.

MON	TUE	WED	THU	FRI
11:00 - 11:30 Stretch		11:00 - 11:30 Stretch		
5:30 - 6:00 Conditioning		5:30 - 6:00 Conditioning	5:30 - 6:00 Pull-Up Bar Conditioning	5:30 - 6:00 Conditioning
		6:30 - 7:00 Circus Physics	6:30 - 7:00 Handstands	
		7:00 - 7:30 Floorial		