

A+ at Canopy
Academic + Aerial Adventures!
 Canopy will hold a 6-week learning and fitness experience for your child on **Fridays**. This is more than camp. Support for children doing distance learning will be available, coupled with aerials for whole-child well-being.
Begins Friday, September 11
8 am - 1 pm • \$50/week
 Please commit to the whole 6 weeks.
 Email: ann@canopystudio.org for details!

Plus 5 More Weeks of Camp!
 More kids camp in August! Email: ann@canopystudio.org for details!

GENERAL INFORMATION

Registration:

Go to www.canopystudio.org and click on the "Register" link! This will take you to our Mindbody site. You must create an account in order to register for classes.

Tuition for this Session:

1-hour classes - \$180
 1.5-hour classes - \$200
 Online classes - \$10 each (must register an hour prior to the class)

Payment:

All students must register and pay for the 10-week session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. This will be calculated within 30 days of the end of the session. Refunds will incur an additional \$20 admin fee. Students are encouraged to make up any cancelled class online. Additionally, no payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months.

Private Lessons:

Contact us for information about private lessons. Children must be 8 years of age to start private lessons. Private lessons are available on the outside rig at participant's request.

IMPORTANT UPDATES:

- Please email ann@canopystudio.org for questions about **kids** class placement.
- All students must pre-pay through Mindbody by August 3 for the 10-week session. **No in-person registration.**
- Private lessons available with indoor/outdoor option at info@canopystudio.org.
- All COVID waivers and consent forms must be signed before training. Please visit canopystudio.org for all our new protocols and policies.
- Pole classes are all limit 4.
- Single classes in main studio are limit 12 (main points 6ft apart).
- Two ongoing classes in main studio are limit 6 (with waitlist to see if there's a possibility to add safely)

ONLINE classes will run in conjunction with our limited in-person schedule.

MON	TUE	WED	THU	FRI
11:00 - 11:30 Stretch		11:00 - 11:30 Stretch		9:30 am Pilates
5:30 - 6:00 Conditioning		5:30 - 6:00 Conditioning	5:30 - 6:00 Pull-Up Bar Conditioning	5:30 - 6:00 Conditioning
		6:30 - 7:00 Circus Physics	6:30 - 7:00 Handstands	
		7:00 - 7:30 Floorial		

MONDAY			
12:30 - 1:30	ADULT	Trapeze Intermediate 3	Closed, limit 12
1:30 - 2:30 pm	ADULT	Over B52's Trapeze	Limit 12
3:30 - 4:30	KIDS	Trapeze Beginner 4	Limit 12
4:30 - 5:30	KIDS	Slings 1	★ Limit 6
4:30 - 5:30	KIDS	Slings 2	Limit 6
5:30 - 6:30	ADULT	Functional Flexibility	★ Limit 4
5:30 - 6:30	ADULT	Trapeze Intermediate 4	Limit 6
5:30 - 6:30	ADULT	Trap Beg 2	Limit 6
6:30 - 8:00	ADULT	Trapeze Advanced 2	Limit 12
7:00 - 8:00	ADULT	Vertical Pole Advanced 2	Limit 4
8:00 - 9:00	ADULT	Trapeze Advanced 1	Limit 12

TUESDAY			
12:00 - 1:00 pm	ADULT	Open Studio - Trapeze	Drop-In: Current Adult Students Only
1:00 - 2:00	ADULT	Lyra Intermediate	Closed, limit 6
4:00 - 5:00	KIDS	Trapeze Intermediate 1	Limit 12
5:00 - 6:00	MS/HS	Trapeze Advanced 1	Limit 12
5:00 - 6:00	ADULT	Vertical Pole Beginner 5	Limit 4
6:00 - 7:00	ADULT	Trapeze Beginner 1	★ Limit 12
7:15 - 9:00		Repertory Company	Outside studio

WEDNESDAY			
3:30 - 4:30 pm	KIDS	Trapeze Beginner 2	Limit 12
4:30 - 5:30	MS/HS	Trapeze Advanced 2	Limit 12
5:00 - 6:00	ADULT	Vertical Pole Intermed 2	Limit 4
5:45 - 7:00	ADULT	Fabrics 5	Closed, Limit 12
6:00 - 7:00	ADULT	Vertical Pole Beginner 1-3	Limit 4
7:00 - 8:00	ADULT	Fabrics 1	Closed, Limit 12
8:00 - 9:00	ADULT	Fabrics 2 & Fabrics 4	Closed, Limit 6

THURSDAY			
3:00 - 4:00 pm	KIDS	Slings 4	Limit 12
4:00 - 5:00	KIDS	Beginner Trapeze, 3rd-6th Grades	★ Limit 12
5:00 - 6:00	ADULT	Beginner Rope	Closed, Limit 6
5:00 - 6:00	KIDS	Slings 5	Limit 6
6:00 - 7:00	ADULT	Beginner Circus Trap Sequences (Pre-req: must be able to hold body weight)	★ Limit 6
7:00 - 8:00	ADULT	Trapeze Beginner 2	Closed, Limit 6
7:00 - 8:00	ADULT	Trapeze Intermediate 2	Limit 6
8:00 - 9:00	ADULT	Trapeze Intermediate 4	Limit 12

FRIDAY			
8:00 - 1:00 pm	KIDS	A+ (Starts Sept 11)	Limit 12
12:30 - 1:30 pm	ADULT	Fabrics Conditioning	Limit 12
1:30 - 2:30 pm	KIDS	Trapeze Beginner 2/3	Limit 12
2:30 - 3:30 pm	KIDS	Trapeze Beginner 3/4	Limit 12
3:30 - 4:30	KIDS	Trapeze Intermediate 1	Limit 12
4:30 - 5:30	MS/HS	Trapeze Beginner 3	Limit 12
5:45 - 6:45	ADULT	Slings Beginner 2	Limit 6
5:45 - 6:45	ADULT	Fabrics 3	Limit 6
6:45 - 7:45	ADULT	Slings Int 1	Limit 12

SATURDAY			
1:00 - 2:00 pm	ADULT	Trapeze Intermediate 3	Limit 12

SUNDAY			
5:00 - 6:00 pm	16+	Partner Trapeze Intermediate, committed partners only	Limit 6
5:00 - 6:00	ADULT	Lyra Beginner 1	Limit 6
6:00 - 7:00	ADULT	Trapeze Int 1	Limit 12
7:30 - 8:30	ADULT	Fabrics Beginner 2	Closed, Limit 6

★ Suitable for brand new beginning students. All online classes are suitable for beginners.