

|                 |       | MONDAY                          |  |  |  |  |  |
|-----------------|-------|---------------------------------|--|--|--|--|--|
| 12:30 - 1:30 pm | ADULT | Trapeze Intermediate 3 & B52's  | Closed, Limit 12   |  |  |  |  |
| 3:30 - 4:30     | KIDS  | Slings 2                        | Limit 6  |  |  |  |  |
| 3:30 - 4:30     | ADULT | Slings 1B                       | Limit 6  |  |  |  |  |
| 4:30 - 5:30     | KIDS  | Slings 2b                       | Limit 11   |  |  |  |  |
| 4:30 - 5:30     | KIDS  | Slings 2a                       | Limit 5  |  |  |  |  |
| 5:30 - 6:30     | ADULT | Trapeze Intermediate 4          | Limit 6  |  |  |  |  |
| 5:30 - 6:30     | ADULT | Trapeze Intermediate 1          | Limit 8  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Vertical Pole Beginner 5        | Closed, Limit 4  |  |  |  |  |
| 6:30 - 8:00     | ADULT | Trapeze Advanced 2              | Limit 12   |  |  |  |  |
| 7:00 - 8:00     | ADULT | Vertical Pole Advanced 2        | Limit 4  |  |  |  |  |
| 8:00 - 9:00     | ADULT | Trapeze Advanced 1              | Limit 12   |  |  |  |  |
| TUESDAY         |       |                                 |  |  |  |  |  |
| 12:00 - 1:00 pm | ADULT | Open Studio - Trapeze & Slings  | Drop-In: Current Adult<br>Students Only; Pre-Req;<br>1 session completed |  |  |  |  |
| 1:00 - 2:00     | ADULT | Lyra Intermediate               | Closed, limit 6  |  |  |  |  |
| 4:00 - 5:00     | KIDS  | Trapeze Intermediate 2          | Limit 12   |  |  |  |  |
| 5:00 - 6:00     | MS/HS | Trapeze Advanced 1              | Limit 12   |  |  |  |  |
| 5:00 - 6:00     | ADULT | Vertical Pole Intermediate 1    | Limit 4  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Vertical Pole Beg 3             | Closed, Limit 4  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Trapeze Beginner 1b             | Limit 9  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Slings Beginner 1b              | Limit 6  |  |  |  |  |
| 7:15 - 9:00     |       | Repertory Company               |  |  |  |  |  |
|                 |       | WEDNESDAY                       |  |  |  |  |  |
| 3:00 - 3:45     | KIDS  | Trapeze Beginner 1, 3-5th       | Limit 12   |  |  |  |  |
| 3:45 - 4:45     | KIDS  | Trapeze Beginner 3, K-3rd       | Limit 12   |  |  |  |  |
| 4:45 - 5:45     | MS/HS | Trapeze Advanced 2              | Limit 12   |  |  |  |  |
| 5:00 - 6:00     | ADULT | Vertical Pole Beginner 1a       | Limit 4  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Vertical Pole Flow              | Limit 4; Pre-Req: 1 session of pole                                      |  |  |  |  |
| 5:45 - 7:00     | ADULT | Fabrics 5                       | Closed, Limit 12   |  |  |  |  |
| 7:00 - 8:00     | ADULT | Fabrics 2                       | Closed, Limit 8  |  |  |  |  |
| 7:00 - 8:00     | ADULT | Fabrics 3                       | Closed, Limit 8  |  |  |  |  |
|                 |       | THURSDAY                        |  |  |  |  |  |
| 4:00 - 5:00     | KIDS  | Slings 2, 3rd-6th               | Limit 5  |  |  |  |  |
| 4:00 - 5:00     | KIDS  | Trapeze Beginner 3, 3rd-6th     | Limit 6  |  |  |  |  |
| 5:00 - 6:00     | KIDS  | Slings 4/5                      | Limit 12   |  |  |  |  |
| 5:00 - 6:00     | ADULT | Vertical Pole Beginner 2        | Limit 4  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Vertical Pole Beginner 1B       | Limit 4  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Trapeze Beginner 1B             | Closed, Limit 9  |  |  |  |  |
| 6:00 - 7:00     | ADULT | Trapeze Beginner 2              | Closed, Limit 8  |  |  |  |  |
| 7:00 - 8:00     | ADULT | Trapeze Intermediate 2          | Limit 8  |  |  |  |  |
| 7:00 - 8:00     | ADULT | Trapeze Beginner 1A             | Limit 9  |  |  |  |  |
| 8:00 - 9:00     | ADULT | Vertical Pole Beginner 1B       | Limit 4  |  |  |  |  |
| 8:00 - 9:00     | ADULT | Circus Bar Sequences Beginner 2 | Closed, Limit 6  |  |  |  |  |
|                 |       | FRIDAY                          |  |  |  |  |  |
| 9:30 - 10:30 am | ADULT | Aerial Yoga                     | Limit 12   |  |  |  |  |
| 4:00 - 4:45 pm  | MS/HS | Slings Beginner 1b              | Closed, Limit 15   |  |  |  |  |
| 4:45 - 5:45     | MS/HS | Trapeze Beginner 4              | Limit 15   |  |  |  |  |
| 5:00 - 6:00     | ADULT | Beginner Rope                   | Closed, Limit 4  |  |  |  |  |
| 5:45 - 6:45     | ADULT | Fabrics 3                       | Limit 6  |  |  |  |  |
| 5:45 - 6:45     | ADULT | Slings Beginner 1B              | Limit 6  |  |  |  |  |
| 6:45 - 7:45     | ADULT | Slings Adv 1                    | Limit 12   |  |  |  |  |

| SATURDAY         |       |   |  |  |  |  |  |
|------------------|-------|---|--|--|--|--|--|
| 10:00 - 11:00 am | ADULT | Open Studio - Trapeze Only                            | Drop-In: Current Adult<br>Students Only; Pre-Req;<br>1 session completed |  |  |  |  |
| 11:00 - 12:00    | ADULT | Fabrics 1   | Limit 6  |  |  |  |  |
| 11:00 - 12:00    | KIDS  | Trapeze Beginner 2/3                                  | Limit 5  |  |  |  |  |
| 11:00 - 12:00    | KIDS  | Trapeze Beginner 4/5                                  | Limit 4  |  |  |  |  |
| 12:00 - 1:00 pm  | MS/HS | Trapeze Beginner 1b                                   | Limit 8  |  |  |  |  |
| 12:00 - 1:00     | ADULT | Slings 1A   | Limit 8  |  |  |  |  |
| 1:00 - 2:00      | ADULT | Trapeze Intermediate 3                                | Limit 12   |  |  |  |  |
| SUNDAY           |       |   |  |  |  |  |  |
| 2:00 - 3:00      | ADULT | Pole Beginner 1B                                      | Limit 4  |  |  |  |  |
| 3:00 - 4:00 pm   | KIDS  | POD   | Closed, Limit 4  |  |  |  |  |
| 3:00 - 4:00      | ADULT | Pole Beginner 1B                                      | Limit 4  |  |  |  |  |
| 4:00 - 5:00      | ADULT | Lyra Beginner 1B                                      | Limit 9 (Pre-Req: 1<br>session of Trapeze or<br>prior teacher approval)  |  |  |  |  |
| 4:00 - 5:00      | ADULT | Pole Beginner 2                                       | Limit 4  |  |  |  |  |
| 5:00 - 6:00      | 16+   | Partner Trapeze Intermediate, committed partners only | Limit 6  |  |  |  |  |
| 5:00 - 6:00      | ADULT | Open Studio - Pole                                    | Drop-In: One session of<br>Pole required                                 |  |  |  |  |
| 5:00 - 6:00      | ADULT | Lyra Beginner 2                                       | Closed, Limit 5  |  |  |  |  |
| 6:00 - 7:00      | ADULT | Trapeze Intermediate 1 Closed, Limit 12               |  |  |  |  |  |
| 7:00 - 8:00      | ADULT | Pole Beginner 5                                       | Closed, Limit 4  |  |  |  |  |
| 7:30 - 8:30      | ADULT | Fabrics Beginner 2 Closed, Limit 6                    |  |  |  |  |  |

#### ONLINE classes will run in conjunction with our limited in-person schedule.

| MOM                      | TUE | MED                      | THU                    |
|--------------------------|-----|--------------------------|------------------------|
| 11:00 - 11:30 Stretch    |     | 11:00 - 11:30 Stretch    |                        |
| 5:30 - 6:00 Conditioning |     | 5:30 - 6:00 Conditioning |                        |
|                          |     | *                        | 6:30 - 7:00 Handstands |

Suitable for brand new beginning students. All online classes are suitable for beginners.

# **GENERAL INFORMATION**

## **Registration:**

Go to www.canopystudio.org and click on the "Register" link!
Email info@canopystudio.org with any questions.

## **Tuition for this Session:**

45-min classes - \$17.50/class = \$192.50 1-hour classes - \$20/class = \$220 1.5-hour classes - \$25/class = \$275 30-min online - \$110

1-hour online - \$160

#### DROP-INS:

45-min classes - \$19 1-hour classes - \$22 1.5-hour classes - \$26

### **Payment:**

All students must register and pay for the 9-week session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. This will be calculated within 30 days of the end of the session. Refunds will incur an additional \$20 admin fee. Students are encouraged to make up any cancelled class online. Additionally, no payment disputes will be considered after 90 days from the transaction date.

Account credits will expire after 12 months.

## **Private Lessons:**

Contact us for information about private lessons. Children must be 8 years of age to start private lessons. Private lessons are available on the outside rig at participant's request. Email info@canopystudio.org for details.

## OTHER IMPORTANT INFO:

- Please email <u>ann@canopystudio.org</u> for questions about **kids** class placement.
- All students must pre-pay through Mindbody by March 8 for the 11-week session. No in-person registration.
- All COVID waivers and consent forms must be signed before training. Please visit canopystudio.org for all our new protocols and policies.
- Pole classes are all limit 4.
- All points are 6ft apart and student numbers are well below recommendations.

Register and pay for Spring Session by March 8 through your Mindbody Account!

For more information, email: info@canopystudio.org or visit: www.canopystudio.org