

CANOPY STUDIO

Early Fall Session

9 Weeks: Aug 8 - Oct 9, 2016



MONDAY

1:15 - 2:15 pm	ADULT	Aerial Fitness ★
3:00 - 3:45 pm	KIDS	Trapeze Beginner III
3:45 - 4:30 pm	KIDS	Trapeze Beginner I (Grades K-2) ★
4:30 - 5:30 pm	MS & HS	Trapeze Advanced III
5:30 - 6:30 pm	ADULT	Trapeze Beginner V
5:30 - 6:30 pm		Handstands 2
5:30 - 6:30 pm	ADULT	Conditioning (Ages 16 and up) ★
6:30 - 8:00 pm	ADULT	Trapeze Advanced II
6:30 - 7:30 pm	KIDS	Slings III (Limit 10)
6:30 - 7:30 pm		Stretch & Strengthen ★
8:00 - 9:00 pm	ADULT	Trapeze Intermediate III

TUESDAY

8:00 - 8:45 am	ADULT	Extreme Aerial Conditioning ★
12:00 - 1:00 pm	ADULT	Open Studio - Trapeze (Drop-In: Current Adult Students Only)
1:30 - 2:15 pm	KIDS	Trapeze, Pre-K & K ★
2:30 - 3:15 pm	KIDS	Trapeze, Pre-K & K ★
3:15 - 4:00 pm	KIDS	Trapeze Beginner II (Grades K - 1)
4:00 - 5:00 pm	KIDS	Trapeze Intermediate II
5:00 - 6:00 pm	MS	Trapeze Advanced I
5:00 - 6:00 pm	ADULT	Vertical Pole Beginner 1 ★
6:00 - 7:00 pm	ADULT	Vertical Pole Intermediate
6:00 - 7:00 pm	ADULT	Trapeze Beginner IV
7:00 - 9:00 pm		Repertory Company (Closed)

WEDNESDAY

12:00 - 1:00 pm	MEN's	Trapeze Beginner I ★
3:15 - 4:00 pm	KIDS	Trapeze Beginner II (Grades 2 - 5)
4:00 - 4:45 pm		Chase Street After School (Closed)
4:45 - 5:45 pm	MS	Trapeze Advanced II
5:45 - 6:45 pm	ADULT	Fabrics III
6:45 - 7:45 pm	ADULT	Fabrics V
7:00 - 8:00 pm	ADULT	Vertical Pole Open Studio (Drop-In: Current Adult Students Only)
7:55 - 8:55 pm	ADULT	Fabrics II
8:00 - 9:00 pm	ADULT	Vertical Pole Beginner 1 ★

THURSDAY

12:15 - 1:15 pm	ADULT	Lyra Beginner III
1:15 - 2:15 pm	ADULT	Trapeze Intermediate III
2:30 - 3:15 pm	KIDS	Trapeze, Pre-K & K ★
3:15 - 4:00 pm	KIDS	Trapeze Beginner I (Grades 3 - 5) ★
4:00 - 5:00 pm	KIDS	Trapeze Intermediate I & Extra Conditioning
5:00 - 6:00 pm	KIDS	Conditioning (Ages 8 - 15) ★
5:00 - 6:00 pm	ADULT	Trapeze Beginner I ★
6:00 - 7:00 pm	ADULT	Trapeze Advanced I
6:30 - 7:30 pm	ADULT	Vertical Pole Beginner 1 ★
7:00 - 8:00 pm	ADULT	Trapeze Beginner III
7:00 - 8:00 pm		Handstands 1 ★
7:30 - 8:30 pm	ADULT	Vertical Pole Advanced
8:00 - 9:00 pm	ADULT	Trapeze Intermediate II
8:00 - 9:00 pm	ADULT	Trapeze Beginner II

FRIDAY

9:30 - 10:30 am	ADULT	Aerial Yoga ★
12:15 - 1:15 pm	ADULT	Fabrics Conditioning (Current Fabric Students Only)
3:30 - 4:30 pm	KIDS	Trapeze Intermediate II
4:30 - 5:30 pm	KIDS	Trapeze Intermediate IV
5:45 - 6:45 pm	ADULT	Fabrics I
5:45 - 6:45 pm	KIDS	Slings I (Limit 10) ★
6:30 - 7:30 pm	ADULT	Vertical Pole Open Studio (Drop-In: Current Adult Students Only)
6:45 - 7:45 pm	KIDS	Slings II (Limit 10)

SATURDAY

9:00 - 10:00 am	ADULT	Open Studio - Trapeze (Drop-In: Current Adult Students Only)
10:00 - 11:00 am	KIDS	Trapeze Beginner II & III (Grades K - 2)
11:00 - 12:00 noon	KIDS	Trapeze Mixed Level (Grades 3 - 5)
12:00 - 1:00 pm	MS & HS	Trapeze Beginner I ★
1:00 - 2:00 pm	MS	Trapeze Intermediate
2:00 - 3:00 pm	HS	Trapeze Intermediate II
3:00 - 4:00 pm	ADULT	Slings Beginner I (Limit 10) ★
4:00 - 5:00 pm	ADULT	Trapeze Beginner III
5:00 - 6:00 pm	KIDS	Pinewoods Community

SUNDAY

10:00 - 11:00 am		Parent Assisted Trapeze, ★ Ages: 1-3 yrs old with Parent; Drop-In Only
11:00 - 11:45 am	KIDS	Trapeze, Pre-K & K (4 & 5 yr olds) ★
1:00 - 2:00 pm	ADULT	Open Studio - Trapeze (Drop-In: Current Adult Students Only)
3:00 - 4:00 pm		Acro Athens - Beginner I ★
4:00 - 5:00 pm		Acro Athens - Level 2
5:00 - 6:00 pm		Acro Jam (Drop-In: Current Acro Students Only or permission of the instructors)
6:00 - 7:30 pm		Acro Athens - Level 3

Registration:

Go to www.canopystudio.org and click on the "Register for Classes HERE" link! This will take you to our Mindbody site. You must create an account in order to register for classes.

All classes with a purple star are appropriate for beginners. All other classes are on-going and need the permission of the instructor before registering if you are not a current student.

Tuition for Early Fall Session:

45-minute class	\$135
1 hour class	\$153
1.5 hour class	\$171

Payment:

Full payment is expected by the first day of class via Mindbody, cash, check or credit card.

If you register 1 week late, you will be charged the full amount and will need to make up that missed class in an appropriate alternative.

Make-up Policy:

Above the beginner level, missed classes can be made up by attending an open studio or a class of the same or lower level within the same session you miss class. Beginners may attend a conditioning, stretch, aerial yoga or aerial fitness class as a make up.

Acro classes cannot be used as a make-up.



Classes with a purple star are appropriate for brand-new beginning students!

Brand New Beginner Classes for ALL AGES!

Trapeze • Fabrics • Slings • Pole • Acro • Handstands • Yoga • Fitness!

- NEW All Adults Trapeze on Thursday - No prerequisites**
- NEW Men's Trapeze Class on Wednesday - No prerequisites**
- NEW Adult Slings Class on Saturday - No prerequisites**
- NEW Adult Fabrics Class on Friday - Prerequisite: must have completed one full session of trapeze at Canopy.**
- NEW Kids Classes everyday except Wednesdays!**

Contact us for information about private lessons.

Children must be 8 years of age to start private lessons.

For more information, email: info@canopystudio.org
Register online by August 8 • www.canopystudio.org