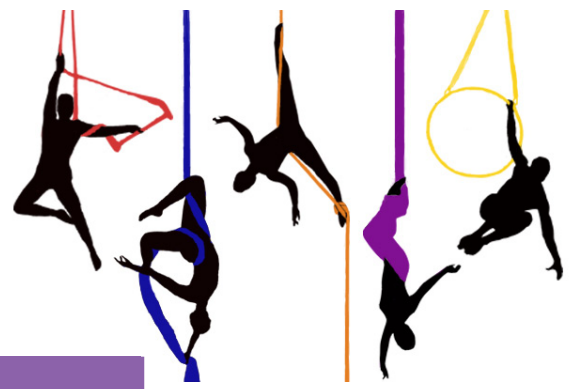


# CANOPY STUDIO

## Winter Session

January 8 - March 18, 2018



### MONDAY

11:15 - 12:15 pm	<b>ADULT</b>	<b>Over B52's Trapeze</b> ★ (Must be 53 yrs +)
12:30 - 1:30 pm	<b>ADULT</b>	<b>Trapeze Intermediate 3</b>
3:00 - 3:45 pm	<b>KIDS</b>	<b>Trapeze Beginner 1</b> (Grades 1-3) ★
3:45 - 4:30 pm	<b>KIDS</b>	<b>Trapeze Beginner 3</b> (Grades 1-3)
4:30 - 5:30 pm	<b>TEEN</b>	<b>Trapeze Advanced 3</b> (15-20 yrs)
5:30 - 6:30 pm	<b>ADULT</b>	<b>Functional Flexibility</b> ★
5:30 - 6:30 pm	<b>ADULT</b>	<b>Trapeze Intermediate 4</b>
5:30 - 6:30 pm	<b>MS</b>	<b>Slings 3</b> (Closed)
6:30 - 8:00 pm	<b>ADULT</b>	<b>Trapeze Advanced 2</b>
6:30 - 7:30 pm	<b>ADULT</b>	<b>Conditioning</b> ★
8:00 - 9:00 pm	<b>ADULT</b>	<b>Trapeze Advanced 1</b>

### FRIDAY

9:30 - 10:30 am	<b>ADULT</b>	<b>Aerial Yoga</b> ★
12:15 - 1:15 pm	<b>ADULT</b>	<b>Fabrics Conditioning</b> (Current Fabric Students Only)
3:30 - 4:30 pm	<b>KIDS</b>	<b>Trapeze Intermediate 2</b>
4:30 - 5:30 pm	<b>MS</b>	<b>Trapeze Intermediate 4</b>
5:45 - 6:45 pm	<b>ADULT</b>	<b>Fabrics 2</b>
5:45 - 6:45 pm	<b>KIDS</b>	<b>Kids Slings 1</b> (limit 8 - Closed)
6:00 - 7:00 pm	<b>Age 18+</b>	<b>Vertical Pole Beginner 2</b>
6:45-7:45	<b>ADULT</b>	<b>Slings Beginner 3</b> (limit 10 - Closed)
7:00 - 8:00 pm	<b>ADULT</b>	<b>Vertical Pole Open Studio</b> (Drop-In: Current Adult Students Only)

### TUESDAY

8:00 - 8:45 am	<b>ADULT</b>	<b>Extreme Conditioning</b> ★
12:00 - 1:00 pm	<b>ADULT</b>	<b>Open Studio - Trapeze</b> (Drop-In: Current Adult Students Only)
1:30 - 2:15 pm	<b>KIDS</b>	<b>Trapeze, Pre-K &amp; K</b> ★
3:15 - 4:00 pm	<b>KIDS</b>	<b>Trapeze Beginner 3</b> (Grades K - 1)
4:00 - 5:00 pm	<b>KIDS</b>	<b>Trapeze Intermediate 2</b>
5:00 - 6:00 pm	<b>MS</b>	<b>Trapeze Advanced 1</b>
5:00 - 6:00 pm	<b>ADULT</b>	<b>Vertical Pole Beginner 1</b> ★
6:00 - 7:00 pm	<b>ADULT</b>	<b>Vertical Pole Intermediate 1</b> (Closed)
6:00 - 7:00 pm	<b>ADULT</b>	<b>Trapeze Intermediate 1</b>
7:00 - 9:00 pm		<b>Repertory Company</b> (Closed)

### SATURDAY

9:00 - 10:00 am	<b>ADULT</b>	<b>Open Studio - Trapeze</b> (Drop-In: Current Adult Students Only)
10:00 - 11:00 am	<b>KIDS</b>	<b>Trapeze Beginner 2</b> (Grades K - 2)
11:00 - 12:00 noon	<b>KIDS</b>	<b>Trapeze Mixed Level</b> (Grades 3 - 5)
12:00 - 1:00 pm	<b>MS &amp; HS</b>	<b>Trapeze Beginner 2</b>
1:00 - 2:00 pm	<b>HS</b>	<b>Trapeze Intermediate 1</b>
2:00 - 3:00 pm	<b>MS</b>	<b>Trapeze Intermediate</b>
3:00 - 4:00 pm	<b>ADULT</b>	<b>Trapeze Beginner 4</b>
4:00 - 5:00 pm		<b>LatinX</b>

### WEDNESDAY

3:15 - 4:00 pm	<b>KIDS</b>	<b>Trapeze Beginner 4</b> (Grades 2 - 5)
4:00 - 4:45 pm	<b>KIDS</b>	<b>Chase Street After School</b> (Closed)
4:45 - 5:45 pm	<b>MS &amp; HS</b>	<b>Trapeze Advanced 2</b>
5:45 - 6:45 pm	<b>ADULT</b>	<b>Fabrics 4</b>
6:00 - 7:00 pm	<b>ADULT</b>	<b>Vertical Pole Mixed Level 2/4</b>
6:45 - 7:45 pm	<b>ADULT</b>	<b>Fabrics 5</b>
7:00 - 8:00 pm	<b>ADULT</b>	<b>Vertical Pole Beginner 3</b>
7:55 - 8:55 pm	<b>ADULT</b>	<b>Fabrics 1</b> (Closed)
7:55 - 8:55 pm	<b>ADULT</b>	<b>Fabrics 3</b>

### THURSDAY

12:15 - 1:15 pm	<b>ADULT</b>	<b>Lyra Intermediate 1</b>
3:30 - 4:15 pm	<b>KIDS</b>	<b>Trapeze Beginner 2</b> (Grades 2 - 5)
4:15 - 5:15 pm	<b>KIDS</b>	<b>Kids Power Aerials</b> (Closed, 8+)
5:15 - 6:15 pm	<b>KIDS</b>	<b>Conditioning</b> (Ages 8 - 15) ★
5:15 - 6:15 pm	<b>KIDS</b>	<b>Slings 2</b> (limit 8)
5:15 - 6:15 pm	<b>ADULT</b>	<b>Beginner Rope</b> (current fabrics and int students only)
6:15 - 7:15 pm	<b>ADULT</b>	<b>Trapeze Beginner 2</b>
6:30 - 7:30 pm	<b>ADULT</b>	<b>Vertical Pole Beginner 5</b> (Closed)
7:15 - 8:15 pm	<b>ADULT</b>	<b>Trapeze Intermediate 1</b>
7:15 - 8:15 pm	<b>ADULT</b>	<b>Trapeze Beginner 4</b>
7:30 - 8:30 pm	<b>ADULT</b>	<b>Vertical Pole Advanced</b> (Closed)
8:15 - 9:15 pm	<b>ADULT</b>	<b>Trapeze Intermediate 3</b>
8:15 - 9:15 pm	<b>ADULT</b>	<b>Trapeze Beginner 4</b>

### SUNDAY

10:00 - 11:00 am	<b>KIDS</b>	<b>Parent Assisted Trapeze</b> , ★ Ages: 1-3 yrs old with Parent; Drop-In Only
11:00 - 11:45 am	<b>KIDS</b>	<b>Trapeze, Pre-K &amp; K</b> (4 - 6 yr olds) ★
12:00 - 1:00 pm	<b>KIDS</b>	<b>Acro</b> ★
12:00 - 1:00 pm	<b>ADULT</b>	<b>Open Studio - Trapeze</b> (Drop-In: Current Adult Students Only)
1:00 - 2:00		<b>Handstands</b> (No Drop-Ins) ★
2:00 - 3:00 pm	<b>ADULT</b>	<b>Vertical Pole Open Studio</b> (Drop-In: Current Adult Students Only)
3:00 - 4:00 pm		<b>Partner Acrobatics - Level 1</b> ★
4:00 - 5:00 pm		<b>Partner Acrobatics - Level 2</b>
5:00 - 6:00 pm	<b>16+</b>	<b>Partner Trapeze</b> (16+, Intermediate)
5:00 - 6:00 pm		<b>Acro Jam</b> (Drop-In: Current Acro Students Only or permission of the instructors)
6:00 - 7:00 pm	<b>ADULT</b>	<b>Trapeze Beginner 1</b> (Limit 8) ★
6:00 - 7:30 pm		<b>Partner Acrobatics - Level 3</b>
7:30 - 8:30 pm	<b>ADULT</b>	<b>Fabrics Beginner 2</b> (Closed)

#### Registration:

Go to [www.canopystudio.org](http://www.canopystudio.org) and click on the "Register for Classes HERE" link! This will take you to our Mindbody site. You must create an account in order to register for classes.

**All classes with a purple star are appropriate for beginners. All other classes are on-going and need the permission of the instructor before registering if you are not a current student.**

#### Tuition for Classes:

45-minute class	.....\$150
1 hour class	.....\$170
1.5 hour class	.....\$190

#### Payment:

Full payment is expected by the first day of class via Mindbody, cash, check or credit card.

If you register 1 week late, you will be charged the full amount and will need to make up that missed class in an appropriate alternative.

#### Make-up Policy:

Above the beginner level, missed classes can be made up by attending an open studio or a class of the same or lower level within the same session you miss class. Beginners may attend a conditioning, stretch, aerial yoga or aerial fitness class as a make up.

**Acro classes cannot be used as a make-up.**

#### Private Lessons:

Contact us for information about private lessons. Children must be 8 years of age to start private lessons.



**Classes with a purple star are appropriate for brand-new beginning students!**

#### CURRENT STUDENTS -

**Contact the studio if you are unsure of which class to register for.**

**Register online by January 8, 2018**

For more information, email: [info@canopystudio.org](mailto:info@canopystudio.org) • [www.canopystudio.org](http://www.canopystudio.org)