



Winter 2021

Jan 4 - Mar 7

* no classes on MLK Day

MONDAY

12:30 - 1:30 pm	ADULT	Trapeze Intermediate 3 & B52's	Closed, Limit 12
1:30 - 2:30	KIDS	Double Helix, Trap Beginner 1	Closed, Limit 12
3:30 - 4:30	KIDS	Slings 2	Limit 6
3:30 - 4:30	ADULT	Slings 1b	Limit 6
4:30 - 5:30	KIDS	Slings 2b	Limit 8
4:30 - 5:30	KIDS	Slings 2a	Limit 4
5:00 - 6:00	ADULT	Vertical Pole Intermediate	Closed, Limit 4
5:30 - 6:30	ADULT	Trapeze Intermediate 4	Limit 6
5:30 - 6:30	ADULT	Trapeze Intermediate 1	Limit 8
6:00 - 7:00	ADULT	Vertical Pole Beginner 3	Closed, Limit 4
6:30 - 8:00	ADULT	Trapeze Advanced 2	Limit 12
7:00 - 8:00	ADULT	Vertical Pole Advanced 2	Limit 4
8:00 - 9:00	ADULT	Trapeze Advanced 1	Limit 12

TUESDAY

12:00 - 1:00 pm	ADULT	Open Studio - Trapeze & Slings	Drop-In: Current Adult Students Only; Pre-Req: 1 session completed
1:00 - 2:00	ADULT	Lyra Intermediate	Closed, limit 6
3:00 - 4:00	ADULT	Slings Beginner 1	Limit 8
3:00 - 4:00	KIDS	Trapeze Beginner 1, K-3rd	Limit 6
4:00 - 5:00	KIDS	Trapeze Intermediate 2	Limit 12
5:00 - 6:00	MS/HS	Trapeze Advanced 1	Limit 12
5:00 - 6:00	ADULT	Vertical Pole Intermediate 1	Limit 4
6:00 - 7:00	ADULT	Vertical Pole Beg 2	Closed, Limit 4
6:00 - 7:00	ADULT	Trapeze Beginner 1a	Limit 9
6:00 - 7:00	ADULT	Slings Beginner 1b	Limit 6
7:15 - 9:00		Repertory Company	

WEDNESDAY

11:00 - 12:00	ADULT	Slings Beginner 1	Limit 12
1:30 - 2:30 pm	KIDS	Double Helix, Trapeze Ext.	Closed, Limit 12
3:00 - 3:45	KIDS	Trapeze Beginner 1, 3-5th	Limit 12
3:45 - 4:45	KIDS	Trapeze Beginner 3, K-3rd	Limit 12
4:45 - 5:45	MS/HS	Trapeze Advanced 2	Limit 12
5:00 - 6:00	ADULT	Vertical Pole Beginner 1	Limit 4
6:00 - 7:00	ADULT	Vertical Pole Flow	Limit 4; Pre-Req: 1 session of pole
5:45 - 7:00	ADULT	Fabrics 5	Closed, Limit 12
7:00 - 8:00	ADULT	Fabrics 1	Closed, Limit 6
7:00 - 8:00	ADULT	Fabrics 2	Closed, Limit 6

THURSDAY

3:15 - 4:00 pm	KIDS	Trapeze Beginner 1, 3rd-6th	Limit 12
4:00 - 5:00	KIDS	Trapeze Beginner 3, 3rd-6th	Limit 12
5:00 - 6:00	KIDS	Slings 4/5	Limit 10
5:00 - 6:00	ADULT	Beginner Rope	Closed, Limit 4
5:00 - 6:00	ADULT	Vertical Pole Beginner 1B	Limit 4 (no class 1/14)
6:00 - 7:00	ADULT	Vertical Pole Beginner 1B	Limit 4 (no class 1/14)
6:00 - 7:00	ADULT	Trapeze Beginner 1B	Closed, Limit 9
6:00 - 7:00	ADULT	Trapeze Beginner 2	Closed, Limit 8
7:00 - 8:00	ADULT	Trapeze Intermediate 2	Limit 8 (no class 1/14)
7:00 - 8:00	ADULT	Circus Bar Sequences Beginner 1	Limit 6 (no class 1/14)
8:00 - 9:00	ADULT	Vertical Pole Beginner 1	Limit 4 (no class 1/14)
8:00 - 9:00	ADULT	Circus Bar Sequences Beginner 2	Closed, Limit 6 (no class 1/14)

FRIDAY

9:30 - 10:30 am	ADULT	Aerial Yoga	Limit 12 (starts Jan 15)
4:00 - 4:45 pm	MS/HS	Slings Beginner 1	Limit 12
4:45 - 5:45	MS/HS	Trapeze Beginner 4	Limit 12
5:45 - 6:45	ADULT	Fabrics 3	Limit 6
5:45 - 6:45	ADULT	Slings Beginner 1	Limit 6
6:45 - 7:45	ADULT	Slings Int 1	Limit 12

SATURDAY

10:00 - 11:00 am	ADULT	Open Studio - Trapeze Only	Drop-In: Current Adult Students Only; Pre-Req: 1 session completed
11:00 - 12:00	KIDS	Trapeze Beginner 2/3	Limit 6
11:00 - 12:00	KIDS	Trapeze Beginner 4/5	Limit 6
12:00 - 1:00 pm	MS/HS	Trapeze Beginner 1	Limit 12
1:00 - 2:00	ADULT	Trapeze Intermediate 3	Limit 12
2:00 - 3:00	KIDS	Latinx Beginner	

SUNDAY

3:00 - 4:00 pm	KIDS	POD	Closed, Limit 4
4:00 - 5:00	ADULT	Lyra Beginner 1	Limit 5 (Pre-Req: 1 session of Trapeze or prior teacher approval)
4:00 - 5:00	ADULT	Pole Beginner 1B	Limit 4 (no class 1/17)
5:00 - 6:00	16+	Partner Trapeze Intermediate, committed partners only	Limit 6 (no class 1/17)
5:00 - 6:00	ADULT	Open Studio - Pole	Drop-In: One session of Pole required (no class 1/17)
5:00 - 6:00	ADULT	Lyra Beginner 2	Closed, Limit 5
6:00 - 7:00	ADULT	Trapeze Intermediate 1	Closed, Limit 12
7:00 - 8:00	ADULT	Pole Beginner 5	Closed, Limit 4 (no class 1/17)
7:30 - 8:30	ADULT	Fabrics Beginner 2	Closed, Limit 6

ONLINE classes will run in conjunction with our limited in-person schedule.

MON	TUE	WED	THU
11:00 - 11:30 Stretch		11:00 - 11:30 Stretch	
5:30 - 6:00 Conditioning		5:30 - 6:00 Conditioning	
			6:30 - 7:00 Handstands

★ Suitable for brand new beginning students. All online classes are suitable for beginners.

GENERAL INFORMATION

Registration:

Go to www.canopystudio.org and click on the "Register" link! Email info@canopystudio.org with any questions.

Tuition for this Session:

45-min classes - \$17.50/class = \$157.50
 1-hour classes - \$20/class = \$180
 1.5-hour classes - \$25/class = \$225
 30-min online - \$110
 1-hour online - \$160

DROP-INS:

45-min classes - \$19
 1-hour classes - \$22
 1.5-hour classes - \$26

Payment:

All students must register and pay for the 9-week session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. This will be calculated within 30 days of the end of the session. Refunds will incur an additional \$20 admin fee. Students are encouraged to make up any cancelled class online. Additionally, no payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months.

Private Lessons:

Contact us for information about private lessons. Children must be 8 years of age to start private lessons. Private lessons are available on the outside rig at participant's request. Email info@canopystudio.org for details.

OTHER IMPORTANT INFO:

- Please email ann@canopystudio.org for questions about **kids** class placement.
- All students must pre-pay through Mindbody by Jan 4 for the 9-week session. **No in-person registration.**
- All COVID waivers and consent forms must be signed before training. Please visit canopystudio.org for all our new protocols and policies.
- Pole classes are all limit 4.
- All points are 6ft apart and student numbers are well below recommendations.

For more information, email: info@canopystudio.org
 or visit: www.canopystudio.org