



WINTER SESSION

JAN 4 - MAR 12

NOTES: NO CLASSES JANUARY 16. OTHER CLASSES MAY HAVE CANCELLATIONS.

MONDAY (No class January 2 or January 16)

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|--------------|---------|--------------------------|---|----------|
| 12:15 - 1:15 | Adult | Aerial Conditioning | ★ | limit 8 |
| 12:15 - 1:15 | Adult | Slings 2 | | limit 6 |
| 3:15 - 4:00 | Kids | Slings 1 | ★ | limit 16 |
| 3:45 - 4:45 | Adult | Slings 3 | | limit 7 |
| 4:00 - 4:45 | Kids/MS | Slings 2 | | limit 12 |
| 4:45 - 5:45 | MS | Slings 3 | | limit 10 |
| 4:45 - 5:45 | MS/HS | Slings 4 | | limit 12 |
| 5:45 - 6:45 | Adult | Trapeze Intermediate 4 | | limit 10 |
| 6:00 - 7:00 | Adult | Intro to Pole | ★ | limit 8 |
| 6:45 - 8:00 | Adult | Trapeze Advanced | | limit 20 |
| 7:00 - 8:00 | Adult | Vertical Pole Beginner 2 | | limit 8 |
| 8:00 - 9:00 | Adult | Trapeze Beginner 2 | | limit 18 |
| 8:00 - 9:00 | Adult | Vertical Pole Beginner 1 | | limit 8 |

TUESDAY (no class January 3)

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|--------------|---------|--|---|--|
| 12:00 - 1:00 | Adult | Vertical Beginner 2 | | limit 8 |
| 12:00 - 1:00 | Adult | Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 | | Drop-In: Current Adult Students Only Pre-Req: one session completed |
| 1:00 - 2:00 | Adult | Lyra Advanced | | limit 6 (no class 1/10) |
| 3:00 - 3:45 | Kids | Trapeze Beginner 2 | | limit 12 |
| 4:00 - 5:00 | Kids/MS | Trapeze Intermediate 2/3 | | limit 12 |
| 5:00 - 6:00 | MS/HS | Trapeze Advanced 1 | | limit 14 |
| 5:00 - 6:00 | Adult | Vertical Pole Intermediate 2 | | limit 8 |
| 6:00 - 7:00 | Adult | Trapeze Intermediate 1 | | limit 10 |
| 6:00 - 7:00 | Adult | Intro to Everything | ★ | limit 8 |
| 6:00 - 7:00 | Adult | Vertical Pole Advanced | | limit 8 |
| 7:00 - 9:00 | | Repertory Company | | |

WEDNESDAY

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|--------------|-------|-----------------------------------|---|-------------------------|
| 12:00 - 1:00 | Adult | Fabrics Level 1 | | closed, limit 8 |
| 1:00 - 2:00 | Adult | B52s Trapeze | ★ | limit 12 |
| 2:15 - 3:00 | Kids | Intro to Trapeze | ★ | limit 12 |
| 3:00 - 3:45 | MS | Intro to Trapeze | ★ | limit 12 |
| 3:45 - 4:45 | Kids | Trapeze Intermediate 1 | | limit 16 |
| 4:45 - 5:45 | MS/HS | Fabrics w/ approval of instructor | | limit 7 |
| 4:45 - 5:45 | YA | Trapeze Advanced 2 | | limit 12 |
| 5:00 - 6:00 | MS/HS | Vertical Pole Mixed Level | ★ | limit 8 |
| 5:45 - 7:00 | Adult | Fabrics Level 4/5 with Theory | | limit 8 |
| 6:00 - 7:00 | Adult | Vertical Pole Intermediate 2 | | limit 8 |
| 7:00 - 8:00 | Adult | Fabrics Level 1 | | closed, limit 11 |
| 7:00 - 8:00 | Adult | Fabrics Level 2 | | closed, limit 8 |
| 7:00 - 8:00 | Adult | Lyra 1C | | limit 6 |
| 7:00 - 8:00 | Adult | Vertical Pole Beginner 3/4 | | limit 8 |
| 8:00 - 9:00 | Adult | Fabrics Level 1 | | limit 6 |
| 8:00 - 9:00 | Adult | Duo Trapeze | ★ | limit 12 (no class 3/8) |

GENERAL INFORMATION

Registration

Go to www.canopystudio.org and click on the "Register" link! Email info@canopystudio.org with any questions. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures.

Tuition for a 10-week session

45-min classes - \$175 (kids/teen); 184.50 (adult)
1-hour classes - \$200 (kids/teen); \$210 (adult)
1.25-hour classes - \$225 (kids/teen); \$240 (adult)

Drop-Ins:

45-min classes - \$21
1-hour classes - \$24
1.25-hour classes - \$26

Payment

All students must register and pay for the session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. This will be calculated within 30 days of the end of the session. Refunds will incur an additional \$20 admin fee. Additionally, no payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months. All students must pre-pay through Mindbody by January 4 for this session. No in-person registration.

Private Lessons

Contact us for information about private lessons. Children must be 8 years of age to start private lessons. Email ann@canopystudio.org for details.

THURSDAY

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|---------------|---------|-------------------------------------|---|--|
| 10:30 - 11:30 | Kids | Parent-Assisted Trapeze | ★ | Drop-in |
| 11:30 - 12:30 | Adult | Open Studio - Trapeze, Slings, Pole | | Drop-In: Current Adult Students Only Pre-Req: one session completed |
| 12:30 - 1:30 | Kids | Parent-Assisted Trapeze | ★ | Drop-in |
| 1:30 - 2:15 | Adult | Staff yoga | | Staff only |
| 3:30 - 4:15 | Kids | Intro to Trapeze | ★ | limit 16 |
| 4:15 - 5:00 | Kids | Trapeze Beginner 1 | | limit 16 |
| 5:00 - 6:00 | Adult | Slings Advanced | | limit 6 |
| 5:00 - 6:00 | Kids/MS | Slings 4/5 | | limit 8 |
| 6:00 - 7:00 | MS/HS | Slings Beginner 1 | | limit 4 |
| 6:00 - 7:00 | Adult | Intro to Everything | | limit 8 |
| 6:00 - 7:00 | Adult | Rope 1 and 2 | | limit 8 |
| 6:00 - 7:00 | Adult | Vertical Pole Beginner 2 | | limit 8 |
| 7:00 - 8:00 | Adult | Trapeze Beginner 3 | | limit 6 |
| 7:00 - 8:00 | Adult | Trapeze Intermediate 2 | | limit 12 |
| 7:15 - 8:15 | Adult | Intro to Fabrics | ★ | limit 6 |
| 8:00 - 9:00 | Adult | Circus Bar Sequences Beginner 2 | | limit 6 |

FRIDAY

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|--------------|-------|------------------------------------|---|--|
| 9:30 - 10:30 | Adult | Aerial Yoga | ★ | drop-in ok |
| 12:00 - 1:00 | Adult | Strength & Flexibility | ★ | limit 8 |
| 2:45 - 3:45 | Adult | Teacher Training: Advanced Trapeze | | closed, limit 10 |
| 3:45 - 4:45 | Kids | Trapeze Beginner 2 | | limit 16 |
| 4:45 - 5:45 | Adult | Fabrics Conditioning | | limit 8 with pre-reqs met |
| 4:45 - 5:45 | Adult | Open Studio - Fabrics | | Drop-In: Current Adult Students Only Pre-Req: one session completed |
| 4:45 - 5:45 | MS/HS | Intro to Trapeze | | limit 8 |
| 5:30 - 6:30 | Adult | Vertical Pole Beginner 3 & 4 | | limit 8 (no class 2/3) |
| 5:45 - 6:45 | Adult | Fabrics Level 3 | | limit 6 |
| 5:45 - 6:45 | Adult | Slings 1 | ★ | limit 6 |

SATURDAY

| | | | | |
|---------------|-------|------------------------|---|--|
| 10:00 - 11:00 | Adult | Open Studio - Trapeze | | Drop-In: Current Adult Students Only Pre-Req: one session completed |
| 11:00 - 12:00 | Kids | Intro to Trapeze | ★ | limit 18 (no class 1/21) |
| 12:00 - 1:00 | Kids | Trapeze Mixed Level | | limit 18 |
| 1:00 - 2:00 | Adult | Slings 4 | | limit 8 |
| 1:00 - 2:00 | Adult | Trapeze Intermediate 4 | | limit 10 |
| 2:00 - 3:00 | MS/HS | Trapeze Beginner 3 | | limit 12 (no class 2/4) |

SUNDAY

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|-------------|-------|-------------------------------|---|---|
| 2:00 - 3:00 | Adult | Open Studio - Trapeze, Slings | | Drop-In: Current Adult Students Only Pre-Req: one session completed |
| 2:00 - 3:00 | HS/YA | Lyra 1 | ★ | limit 10 |
| 3:00 - 4:00 | Adult | Intro to Lyra | ★ | Limit 5 |
| 3:00 - 4:00 | Adult | Lyra 1A | | limit 7 |
| 3:00 - 4:00 | Adult | Vertical Pole Beginner 1 | | limit 8 (no class 2/5) |
| 4:00 - 5:00 | Adult | Lyra 1B | | limit 6 (no class 2/5) |
| 4:00 - 5:00 | Adult | Vertical Pole Beginner 2 | | limit 8 (no class 2/5) |
| 5:00 - 6:00 | Adult | Lyra 2 | | limit 5 (no class 2/5) |
| 5:00 - 6:00 | Adult | Open Studio - Pole | | Drop-In: Current Adult Students Only (no class 2/5) Pre-Req: one session completed |
| 6:00 - 7:00 | Adult | Trapeze Intermediate 2 | | limit 20 (no class 2/5) |
| 7:00 - 8:00 | Adult | Fabrics Level 3 | | limit 6 (no class 2/5) |

★ Suitable for brand new students

Register and pay for the session by January 4 through your Mindbody account! Late fee applies after first day of class

Questions? Need more information? Email info@canopystudio.org or visit canopystudio.org