

A photograph of three women in a bungee jumping studio. The woman in the foreground is suspended in mid-air, arms and legs spread wide, wearing a blue tank top with 'HOME' printed on it. Two other women are visible in the background, also suspended and in similar poses. The studio has a high ceiling with industrial-style lighting and equipment.

BUNGEE

TEACHER TRAINING

July 7-9, 2023 · Canopy Studio · Athens, GA

REGISTER AT [CANOPYSTUDIO.ORG](https://canopystudio.org) · QUESTIONS? [INFO@CANOPYSTUDIO.ORG](mailto:info@canopystudio.org)

Canopy is excited to host Sky Candy instructors as they train you to become a Bungee Fit instructor. Sky Candy's three-day Bungee Fit Teacher Training will give you the skills and knowledge to develop your own bungee classes at your dance, fitness, or aerial studio! Come prepared to sweat, have fun, and learn new skills to grow your business! Once you've completed this program, you will have the knowledge and tools you need to start your own basic Bungee Fit classes and to develop other Bungee programs that work for your studio's needs.

The program includes:

- Bungee skills and movement vocabulary to create your own personalized classes, including adaptive modifications
- Lesson planning ideas for students of all levels from new to experienced
- Class structure and sequencing format and ideas to develop your own curriculum
- Equipment, rigging, and safety knowledge, including manufacturer recommendations and injury prevention practices
- Discussion on how to promote inclusivity and diversity in your classes
- Practice teaching with fellow teacher training participants
- Opportunity to take one of our Bungee Fit classes to experience how we structure our bungee classes
- Access to the Bungee Fit Teacher Training photo and video library / glossary
- Ongoing networking opportunities with fellow Teacher Training attendees

Schedule

Fri, July 7: 6pm - 10pm

Sat, July 8: 12pm - 8pm

Sun, July 9: 10am - 4pm

Cost per person

\$1,000