CANOPY STUDIO

WINTER SESSION

JAN 3 - MAR 10

NO CLASSES 1/15
OTHER CLASSES MAY HAVE ADDITIONAL CANCELLATIONS

MONDAY

11:00 - 12:00	Adult	Aerial Conditioning	limit 8	★
12:15 - 1:15	Adult	Aerial Conditioning	limit 8	★
12:15 - 1:15	Adult	Slings 3	limit 7	
3:15 - 4:00	Kids	Slings 1B, Ages 8+	limit 12	
3:45 - 4:45	Adult	Slings 4	limit 6	
4:00 - 4:45	Kids/MS	Slings 2, Ages 8-13	limit 6	
4:45 - 5:45	MS	Slings 3	limit 10	
4:45 - 5:45	Kids/MS	Slings 1, Ages 8-13	limit 10	
5:30 - 6:30	Adult	Intro to Pole	limit 8	★
5:45 - 6:45	Adult	Intro to Everything	limit 12	★
5:45 - 6:45	Adult	Trapeze Intermediate 4	limit 6	
6:30 - 7:30	Adult	Vertical Pole Beginner 4	limit 6	
6:45 - 8:00	Adult	Trapeze Advanced 2	limit 20	
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 10	
8:00 - 9:00	Adult	Intro to Slings	limit 6	★

TUESDAY

11:00 - 12:00	Adult	Slings 2	limit 12	
12:00 - 1:00	Adult	Open Studio - Trapeze, Slings, Lyra, Rope, & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only	
12:00 - 1:00	Adult	Vertical Pole Beginner 3	limit 8	
1:00 - 2:00	Adult	Lyra Advanced	limit 6	
3:00 - 3:45	Kids	Trapeze Beginner 3, 2nd-5th	limit 12	
4:00 - 5:00	Kids/MS	Trapeze Intermediate 2/3	limit 12	
4:15 - 5:15	MS/HS	Fabrics Level 1, Ages 11-16	limit 9	
5:00 - 6:00	MS/HS	Trapeze Advanced 1	limit 14	
5:00 - 6:00	Adult	Vertical Pole Intermediate 2	limit 8	
5:15 - 6:00	Kids/MS	Intro to Trapeze, 4th - 8th	limit 6	★
6:00 - 7:00	Adult	Trapeze Beginner 3	limit 8	
6:00 - 7:00	Adult	Trapeze Intermediate 1	limit 5	
6:00 - 7:00	Adult	Vertical Pole Advanced 2	limit 8	
7:00 - 9:00		Repertory Company		

WEDNESDAY

11:00 - 12:00	Adult	Intro to Trapeze - begins 1/10	limit 6	★
12:00 - 1:00	Adult	Fabrics Level 1	limit 9	
1:00 - 2:00	Adult	B52s Trapeze Mixed Level	limit 14	
2:15 - 3:00	Kids	Intro to Trapeze, Pre-K/K	limit 6	★
3:00 - 3:45	Kids	Trapeze Beginner 1, K-5th	limit 12	
3:45 - 4:45	Kids	Trapeze Intermediate 1, 3rd-6th	limit 16	
4:45 - 5:45	Adult	Fabrics Level 1	limit 11	
4:45 - 5:45	Young Adult	Trapeze Advanced 2, HS+	limit 7	
5:00 - 6:00	MS/HS	Vertical Pole Mixed Level	limit 8	
5:45 - 7:00	Adult	Fabrics Level 5	limit 12	
6:00 - 7:00	Adult	Vertical Pole Advanced 1	limit 8	
7:00 - 8:00	Adult	Fabrics Level 3	limit 10	
7:00 - 8:00	Adult	Lyra 2	limit 6	
7:00 - 8:00	Adult	Vertical Pole Beginner 3/4	limit 6	
8:00 - 900	Adult	Fabrics Level 1	limit 6	

THURSDAY

10:30 - 11:30	Kids	Parent-Assisted Trapeze, Ages 3-5 begins 1/11	Drop in ok	★
11:30 - 12:30	Adult	Vinyasa Yoga begins 1/11	limit 6	★
11:30 - 1:00	Adult	Repertory Company		
1:00 - 2:00	Adult	Trapeze Teacher Training	Staff Only	
2:00 - 2:45	Adult	Staff yoga	Staff Only	
3:30 - 4:15	Kids	Intro to Trapeze, K-2nd	limit 8	★
4:15 - 5:00	Kids	Trapeze Beginner 3, 1st-3rd	limit 12	
5:00 - 6:00	Adult	Rope 1	limit 7	
5:00 - 6:00	MS/HS	Slings 4/5	limit 9	
5:00 - 6:00	Adult	Intro to Everything	limit 6	★
6:00 - 7:00	Adult	Rope 2	limit 8	
6:00 - 7:00	MS/HS	Slings 1/2	limit 8	
6:00 - 7:00	Adult	Vertical Pole Beginner 3/4	limit 8	
7:00 - 8:00	Adult	Slings 2	limit 4	
7:00 - 8:00	Adult	Trapeze Intermediate 3	limit 9	
7:00 - 8:00	Adult	Intro to Pole	limit 8	★
8:00 - 9:00	Adult	Circus Bar Sequences new students ok with instructor approval	limit 7	
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 8	
8:15 - 9:00	Adult	Vinyasa Yoga	limit 6	★

FRIDAY

9:30 - 10:30	Adult	Aerial Yoga begins 1/12	limit 12	★
12:00 - 1:00	Adult	Intro to Fabrics & Slings	limit 6	★
1:30 - 2:30	Adult	Intro to Bungee	limit 8	★
3:00 - 3:45	Kids	Trapeze Beginner 1, K-5th	limit 7	
3:45 - 4:45	Kids	Trapeze Int 1, 2nd - 5th	limit 10	
4:45 - 5:45	Adult	Fabrics Conditioning	limit 8	
4:45 - 5:45	Adult	Fabrics Open Studio Pre-req: One session completed	Current Adult Students Only	
4:45 - 5:45	MS/HS	Trapeze Beginner 1	limit 10	
5:45 - 6:45	Adult	Fabrics Level 4	limit 6	
5:45 - 6:45	Adult	Slings 3	limit 6	

SATURDAY

10:00 - 11:00	Adult	Open Studio - Trapeze Pre-req: One session completed	Current Adult Students Only	
10:00 - 11:00	Kids	Trapeze Beginner 1, K	limit 5, closed	
11:00 - 12:00	Kids	Trapeze Mixed Level, K-5th	limit 18	★
12:00 - 1:00	Kids	Trapeze Mixed Level, 3rd-6th	limit 18	★
1:00 - 2:00	Adult	Slings 4	limit 8	
1:00 - 2:00	Adult	Trapeze Advanced 1	limit 10	
2:00 - 3:00	MS/HS	Trapeze Beginner 3	limit 12	
3:30 - 4:30	Adult	Intro to Heels	limit 4	★

SUNDAY

2:00 - 3:00	Adult	Open Studio - Trapeze, Slings, Lyra, Rope, & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only	
2:00 - 3:00	Adult	Open Studio - Pole Pre-Req: One session completed	Current Adult Students Only	
2:00 - 3:00	HS/YA	Lyra 1	limit 6	
3:00 - 4:00	Adult	Lyra 1B	limit 6	
3:00 - 4:00	Adult	Vertical Pole Beginner 2	limit 8	
4:00 - 5:00	Adult	Lyra 2	limit 6	
4:00 - 5:00	Adult	Vertical Pole Beginner 2/3	limit 8	
4:00 - 5:00	Adult	Duo & Solo Circus Bar	limit 12	
4:45 - 6:00	YA/Adult	Fabrics Level 5	limit 5	
5:00 - 6:00	Adult	Pole Beginner 1	limit 8	
6:00 - 7:00	Adult	Trapeze Intermediate 2	limit 15	
6:00 - 7:00	Adult	Vertical Pole Heels Choreo	limit 4	
6:00 - 7:00	Adult	Lyra 1A	limit 8	
7:00 - 8:00	Adult	Fabrics Level 3	limit 6	
7:00 - 8:00	Adult	Vertical Pole Heels Choreo	limit 4	
7:30 - 8:30	Adult	Intro to Bungee	limit 6	★

GENERAL INFORMATION

REGISTER AND PAY FOR THE SESSION BY JANUARY 2 THROUGH YOUR MINDBODY ACCOUNT. LATE FEE APPLIES AFTER FIRST DAY OF CLASS.

REGISTRATION Go to www.canopystudio.org and click on the "Register" link! Email info@canopystudio.org with questions. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures.

PAYMENT All students must register and pay for the session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. Refunds will incur an additional $20 admin fee. No payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months. No in-person registration.

10-WEEK TUITION

45-min classes - $184.50
1-hour classes - $210 ($280 Bungee)
1.25-hour classes - $240
1-hour bungee - $280

DROP-INS

45-min classes - $21
60-min classes - $24 ($32 Bungee)
75-min classes - $26

PRIVATE LESSONS Email ann@canopystudio.org for details. Children must be 8 years of age to start private lessons.

★ SUITABLE FOR BRAND NEW STUDENTS

Questions? Email info@canopystudio.org or visit canopystudio.org