



SPRING SESSION

MAR 11 - MAY 19

NO CLASSES 3/31, 4/12, 4/13, 4/14
OTHER CLASSES MAY HAVE ADDITIONAL CANCELLATIONS

MONDAY

11:00 - 12:00	Adult	Aerial Conditioning	limit 8 ★
12:15 - 1:15	Adult	Aerial Conditioning	limit 8 ★
12:15 - 1:15	Adult	Slings 3	limit 7
3:15 - 4:00	Kids	Slings 1B, Ages 8+	limit 12
3:45 - 4:45	Adult	Slings 4	limit 6
4:00 - 4:45	Kids/MS	Slings 2, Ages 8-13	limit 6
4:45 - 5:45	Kids/MS	Slings 1, Ages 8-13	limit 10
4:45 - 5:45	MS	Slings 3	limit 10
5:30 - 6:30	Adult	Vertical Pole Beginner 1	Limit 8
5:45 - 6:45	Adult	Intro to Everything	limit 12 ★
5:45 - 6:45	Adult	Trapeze Intermediate 4	limit 6
6:30 - 7:30	Adult	Vertical Pole Intermediate 1	limit 6
6:45 - 8:00	Adult	Trapeze Advanced 2	limit 20
8:00 - 9:00	Adult	Intro to Slings <small>pre-req: previous session of Intro to Everything, other aerial apparatus, or permission of instructor</small>	limit 6
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 10

TUESDAY

11:00 - 12:00	Adult	Intro to Trapeze (low and slow)	limit 6 ★
11:00 - 12:00	Adult	Slings 2	limit 12
12:00 - 1:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 <small>Pre-Req: One Session completed</small>	Current Adult Students Only
12:00 - 1:00	Adult	Intro to Pole	limit 8 ★
12:00 - 1:00	Adult	Lyra Advanced	limit 6
3:15 - 4:00	Kids	Trapeze Beginner 3, 2nd-5th	limit 12
4:00 - 5:00	Kids/MS	Trapeze Intermediate 2/3	limit 12
4:15 - 5:15	MS/HS	Fabrics Level 1, Ages 11-16	limit 9
5:00 - 6:00	MS/HS	Trapeze Advanced 1	limit 14
5:00 - 6:00	Adult	Vertical Pole Intermediate 2	limit 8
5:15 - 6:00	Kids/MS	Intro to Slings, Ages 8-13	limit 8 ★
6:00 - 7:00	Adult	Trapeze Beginner 3, 2nd-5th	limit 12
6:00 - 7:00	Adult	Trapeze Intermediate 1	limit 5
6:00 - 7:00	Adult	Vertical Pole Advanced 2	limit 8
7:00 - 9:00	Adult	Vertical Pole Beginner 1	limit 8
7:00 - 9:00	Adult	Repertory Company	

WEDNESDAY

11:00 - 12:00	Adult	Trapeze Beginner 1	limit 6
12:00 - 1:00	Adult	Fabrics Level 2	limit 9
1:00 - 2:00	Adult	B52s Trapeze Mixed Level	limit 14
2:15 - 3:00	Kids	Intro to Trapeze, Pre-K/K	limit 6 ★
3:00 - 3:45	Kids	Trapeze Beginner 1, K-5th	limit 12
3:45 - 4:45	Kids	Trapeze Intermediate 1, 3rd-6th	limit 16
4:45 - 5:45	Adult	Fabrics Level 1	limit 13
4:45 - 5:45	YA	Trapeze Advanced 2, HS+	limit 7
5:00 - 6:00	MS/HS	Vertical Pole Mixed Level	limit 8
5:45 - 7:00	Adult	Fabrics Level 5	limit 12
6:00 - 7:00	Adult	Vertical Pole Advanced 1	limit 8
7:00 - 8:00	Adult	Fabrics Level 3	limit 11
7:00 - 8:00	Adult	Lyra 2	limit 6
7:00 - 8:00	Adult	Vertical Pole Beginner 3/4	limit 6
8:00 - 9:00	Adult	Fabrics Level 2	limit 8

GENERAL INFORMATION

REGISTER AND PAY FOR THE SESSION BY MARCH 11 THROUGH YOUR MINDBODY ACCOUNT. LATE FEE APPLIES AFTER FIRST DAY OF CLASS

REGISTRATION Go to www.canopystudio.org and click on the "Register" link! Email info@canopystudio.org with questions. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures.

PAYMENT All students must register and pay for the session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. Refunds will incur an additional \$20 admin fee. No payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months. No in-person registration.

10-WEEK TUITION

45-min classes - \$184.50
1-hour classes - \$210
1.25-hour classes - \$240
1-hour bungee classes - \$280

DROP-INS

45-min classes - \$21
60-min classes - \$24 (\$32 Bungee)
75-min classes - \$26
*drop-ins only allowed in certain classes and as space allows

PRIVATE LESSONS Email ann@canopystudio.org for details. Children must be 8 years of age to start private lessons.

THURSDAY

10:30 - 11:30	Kids	Parent-Assisted Trapeze(3-5 yo)	Drop in ok ★
11:30 - 12:30	Adult	Vinyasa Yoga	limit 6 ★
11:30 - 1:00	Adult	Repertory Company	
1:00 - 2:00	Adult	Trapeze Teacher Training	Staff Only
2:00 - 2:45	Adult	Staff yoga	Staff Only
3:30 - 4:15	Kids	Trapeze Beginner 1, K-2nd	limit 11
4:15 - 5:00	Kids	Trapeze Beginner 3, 1st-3rd	limit 12
5:00 - 6:00	MS/HS	Slings 4/5	limit 9
5:00 - 6:00	Adult	Rope 1	limit 7
6:00 - 7:00	Adult	Rope 2	limit 8
6:00 - 7:00	MS/HS	Slings 2	limit 9
6:00 - 7:00	Adult	Vertical Pole Beginner 3/4	limit 8
7:00 - 8:00	Adult	Slings 2	limit 7
7:00 - 8:00	Adult	Trapeze Intermediate 3	limit 9
7:00 - 8:00	Adult	Vertical Pole Beginner 1	limit 8
8:00 - 9:00	Adult	Circus Bar Sequences <small>new students ok with instructor approval</small>	limit 7
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 8
8:15 - 9:00	Adult	Vinyasa Yoga	limit 6 ★

FRIDAY

9:30 - 10:30	Adult	Aerial Yoga	limit 12 ★
12:00 - 1:00	Adult	Fabrics & Slings 1	limit 6
1:30 - 2:30	Adult	Intro to Bungee <small>students who completed intro to everything ok</small>	limit 8 ★
3:00 - 3:45	Kids	Trapeze Beginner 1, K-5th	limit 9
3:00 - 4:00	Adult	Intro to Heels	limit 4 ★
3:45 - 4:45	Kids	Trapeze Intermediate 1, 2nd - 5th	limit 10
4:45 - 5:45	Adult	Fabrics Conditioning	limit 8
4:45 - 5:45	Adult	Fabrics Open Studio - all levels <small>Pre-req: One session completed</small>	Current Adult Students Only
4:45 - 5:45	MS/HS	Trapeze Beginner 1	limit 10
5:45 - 6:45	Adult	Fabrics Level 4	limit 6
6:00 - 7:00	Adult	Intro to Everything	limit 6 ★

SATURDAY

10:00 - 11:00	Adult	Open Studio - Trapeze <small>Pre-req: One session completed</small>	Current Adult Students Only
10:00 - 11:00	Kids	Trapeze Beginner 1, K	limit 5
11:00 - 12:00	Kids	Trapeze Mixed Level, K-5th	limit 18 ★
12:00 - 1:00	Kids	Trapeze Mixed Level, 3rd-5th	limit 18 ★
1:00 - 2:00	Adult	Slings 4	limit 8
1:00 - 2:00	Adult	Trapeze Advanced 1	limit 10
2:00 - 3:00	Adult	Intro to Trapeze (low and slow)	limit 6 ★
2:00 - 3:00	MS/HS	Trapeze Beginner 3	limit 12
3:00 - 4:00	Adult	Intro to Heels	limit 4 ★
cancelled	Adult	Vertical Pole - Intro to Pole	limit 6 ★

SUNDAY

2:00 - 3:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 <small>Pre-Req: One Session completed</small>	Current Adult Students Only
2:00 - 3:00	Adult	Open Studio - Pole <small>Pre-Req: One session completed</small>	Current Adult Students Only
2:00 - 3:00	Adult	Intro to Lyra	limit 6 ★
3:00 - 4:00	Adult	Lyra 1B	limit 6
3:00 - 4:00	Adult	Vertical Pole Beginner 2/3	limit 8
4:00 - 5:00	Adult	Lyra 2	limit 7
4:00 - 5:00	Adult	Vertical Pole Beginner 3/4	limit 8
4:45 - 6:00	Adult	Fabrics Level 5	limit 5
cancelled	Adult	Pole Beginner 1/2	limit 8
6:00 - 7:00	Adult	Lyra 1A	limit 6
6:00 - 7:00	Adult	Vertical Pole Heels Choreography	limit 4
6:00 - 7:00	Adult	Trapeze Intermediate 3	limit 15
7:00 - 8:00	Adult	Fabrics Level 3	limit 6
7:00 - 8:00	Adult	Vertical Pole Heels Choreography	limit 4
cancelled	Adult	Intro to Bungee	limit 6 ★

★ SUITABLE FOR BRAND NEW STUDENTS

Questions?

Email info@canopystudio.org
or visit canopystudio.org