



EARLY FALL • AUG 1 - OCT 6

NO CLASSES 9/2
OTHER CLASSES MAY HAVE ADDITIONAL CANCELLATIONS

Questions? Email info@canopystudio.org or visit canopystudio.org

Register at tinyurl.com/CanopyRegistration • All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures. All students must register and pay for the session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. Refunds will incur an additional \$20 admin fee. No payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months. No in-person registration.

10-WEEK TUITION 45-min classes - \$184.50 · 1-hour classes - \$210 · 1.25-hour classes - \$240 · 1-hour bungee classes - \$280

MONDAY

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|---------------|---------|------------------------------|----------|---|
| 11:00 - 12:00 | Adult | Aerial Conditioning | limit 8 | ★ |
| 12:15 - 1:15 | Adult | Aerial Conditioning | limit 8 | ★ |
| 12:15 - 1:15 | Adult | Slings 3 | limit 8 | |
| 3:45 - 4:45 | Kids/MS | Slings 3, Ages 8-13 | limit 6 | |
| 3:45 - 4:45 | Adult | Slings 4 | limit 6 | |
| 4:45 - 5:45 | Kids/MS | Slings 2, Ages 8-13 | limit 10 | |
| 4:45 - 5:45 | MS | Slings 4 | limit 10 | |
| 5:30 - 6:30 | Adult | Vertical Pole Beginner 3 | Limit 8 | |
| 5:45 - 6:45 | Adult | Intro to Everything | limit 12 | ★ |
| 5:45 - 6:45 | Adult | Trapeze Intermediate 4 | limit 9 | |
| 6:30 - 7:30 | Adult | Vertical Pole Intermediate 1 | limit 7 | |
| 6:45 - 8:00 | Adult | Trapeze Advanced 2 | limit 20 | |
| 7:30 - 8:30 | Adult | Vertical Pole Intro to Pole | limit 8 | ★ |
| 8:00 - 9:00 | Adult | Slings 2 | limit 6 | |
| 8:00 - 9:00 | Adult | Trapeze Intermediate 1 | limit 10 | |

TUESDAY

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|--------------|---------|--|-----------------------------|---|
| 12:00 - 1:00 | Adult | Slings 2a | limit 12 | |
| 12:00 - 1:00 | Adult | Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed | Current Adult Students Only | |
| 12:15 - 1:15 | Adult | Vertical Pole Beginner 1/2 | limit 8 | |
| 1:00 - 2:00 | Adult | Lyra Advanced | limit 6 | |
| 3:15 - 4:00 | Kids | Trapeze Intro/Beginner 1 | limit 12 | ★ |
| 4:15 - 5:15 | Kids/MS | Trapeze Intermediate 2/3 | limit 12 | |
| 4:15 - 5:15 | Kids/MS | Fabrics Intro/Level 1, Ages 11-16 | limit 8 | ★ |
| 5:00 - 6:00 | MS/HS | Trapeze Advanced 1 | limit 14 | |
| 5:00 - 6:00 | Adult | Vertical Pole Int/Adv | limit 8 | |
| 5:15 - 6:00 | Kids/MS | Intro to Slings, Ages 8-13 | limit 8 | ★ |
| 6:00 - 7:00 | Adult | Trapeze Intermediate 1 | limit 12 | |
| 6:00 - 7:00 | Adult | Intro to Slings | limit 8 | ★ |
| 6:00 - 7:00 | Adult | Vertical Pole Advanced | limit 8 | |
| 7:00 - 8:00 | Adult | Vertical Pole Beginner 2 | limit 8 | |
| 7:00 - 9:00 | Adult | Repertory Company | | |

WEDNESDAY

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|--------------|-------|---------------------------------|----------|---|
| 12:00 - 1:00 | Adult | Intro to Flying Pole | limit 6 | ★ |
| 12:00 - 1:00 | Adult | Fabrics Level 2 | limit 9 | |
| 1:00 - 2:00 | Adult | B52s Trapeze Mixed Level | limit 14 | |
| 3:00 - 3:45 | Kids | Trapeze Beginner 1/2, K-5th | limit 12 | |
| 3:30 - 4:45 | YA | Trapeze Advanced 2, HS+ | limit 10 | |
| 3:45 - 4:45 | Kids | Trapeze Intermediate 1, 3rd-6th | limit 8 | |
| 4:45 - 5:45 | Adult | Fabrics Level 1/2 | limit 13 | |
| 5:00 - 6:00 | MS/HS | Vertical Pole Mixed Level | limit 8 | |
| 5:45 - 7:00 | Adult | Fabrics Level 5 | limit 12 | |
| 6:00 - 7:00 | Adult | Vertical Pole Intro to Pole | limit 8 | ★ |
| 7:00 - 8:00 | Adult | Fabrics Level 3 | limit 11 | |
| 7:00 - 8:00 | Adult | Lyra 2a | limit 6 | |
| 7:00 - 8:00 | Adult | Vertical Pole Intro to Pole | limit 8 | ★ |
| 8:00 - 9:00 | Adult | Intro to Fabrics | limit 8 | ★ |

THURSDAY

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|---------------|-------|--|------------|---|
| 10:30 - 11:30 | Kids | Toddler Trapeze Time, Ages 3-5 *begins 8/8 | limit 12 | ★ |
| 11:30 - 1:00 | Adult | Repertory Company | | |
| 12:00 - 1:00 | Adult | Vinyasa Yoga | limit 6 | ★ |
| 1:00 - 1:45 | Adult | Staff Yoga | Staff Only | |
| 3:30 - 4:15 | Kids | Trapeze Beginner 2, 1st - 3rd | limit 11 | |
| 4:15 - 5:00 | Kids | Trapeze Beginner 3, 3rd - 5th | limit 12 | |
| 5:00 - 6:00 | Adult | Rope 1 | limit 7 | |
| 5:00 - 6:00 | MS/HS | Slings 5 | limit 9 | |
| 6:00 - 7:00 | Adult | Rope 2 | limit 8 | |
| 6:00 - 7:00 | MS/HS | Slings 2/3 | limit 12 | |
| 6:00 - 7:00 | Adult | Vertical Pole Beginner 4 | limit 8 | |
| 7:00 - 8:00 | Adult | Slings 2 | limit 7 | |
| 7:00 - 8:00 | Adult | Trapeze Intermediate 3 | limit 9 | |
| 7:00 - 8:00 | Adult | Vertical Pole Beginner 2/3/4 | limit 8 | |
| 8:00 - 9:00 | Adult | Circus Bar Sequences new students ok with instructor approval | limit 7 | |
| 8:00 - 9:00 | Adult | Flying Pole Int/Adv *4-week session | limit 6 | |

FRIDAY

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|--------------|-------|--|-----------------------------|---|
| 9:30 - 10:30 | Adult | Aerial Yoga *begins August 9 | limit 12 | ★ |
| 12:00 - 1:00 | Adult | Dance Trapeze Choreography | limit 6 | |
| 12:45 - 1:45 | Adult | Strength & Flexibility | limit 8 | ★ |
| 1:00 - 2:00 | Adult | Bungee 1 | limit 6 | |
| 2:00 - 3:00 | Adult | Intro to Bungee | limit 6 | ★ |
| 3:30 - 4:15 | Kids | Intro to Trapeze, K-5th | limit 9 | ★ |
| 4:45 - 5:45 | Adult | Fabrics Conditioning | limit 8 | |
| 4:45 - 5:45 | Adult | Fabrics Open Studio - all levels Pre-req: One session completed | Current Adult Students Only | |
| 5:00 - 6:00 | MS/HS | Trapeze Beginner 3 | limit 10 | |
| 5:45 - 6:45 | Adult | Intro to Rope | limit 6 | |
| 6:00 - 7:00 | Adult | Intro to Everything | limit 6 | ★ |

SATURDAY

| | | | | |
|---------------|-------|---|-----------------------------|---|
| 9:00 - 10:00 | Adult | Open Studio - Trapeze Pre-req: One session completed | Current Adult Students Only | |
| 10:00 - 11:00 | Kids | Trapeze Mixed Level, 2nd - 3rd | limit 12 | |
| 11:00 - 12:00 | Kids | Trapeze Intro/Beginner 1, PreK-1st | limit 18 | ★ |
| 12:00 - 1:00 | Kids | Trapeze Mixed Level, 4th - 8th | limit 18 | ★ |
| 1:00 - 2:00 | Adult | Slings 4 | limit 8 | |
| 1:00 - 2:15 | Adult | Trapeze Advanced 1 | limit 10 | |
| 3:00 - 4:00 | Adult | Vertical Pole Heels 3a | limit 6 | |

SUNDAY

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|---------------|-------|--|-----------------------------|---|
| 12:00 - 12:45 | Kids | Intro to Trapeze, 3-5 year olds | limit 6 | ★ |
| 12:45 - 2:00 | Adult | Fabrics Level 5 | limit 6 | |
| 1:00 - 2:00 | Adult | Intro to Lyra *begins August 11 | limit 8 | ★ |
| 2:00 - 3:00 | Adult | Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed | Current Adult Students Only | |
| 2:00 - 3:00 | Adult | Open Studio - Pole Pre-Req: One session completed | Current Adult Students Only | |
| 2:00 - 3:00 | Adult | Lyra 1a *begins August 11 | limit 6 | |
| 3:00 - 4:00 | Adult | Lyra 2b *begins August 11 | limit 6 | |
| 3:00 - 4:00 | Kids | Trapeze Mixed Level, K-5th | limit 6 | ★ |
| 3:00 - 4:00 | Adult | Vertical Pole Beginner 4 | limit 8 | |
| 4:00 - 5:00 | Adult | Lyra 2a | limit 7 | |
| 4:00 - 5:00 | Adult | Vertical Pole Intermediate 1 | limit 8 | |
| 5:00 - 6:00 | Adult | Vertical Pole Heels 3b | limit 6 | |
| 5:00 - 6:00 | Adult | Intro to Trapeze | limit 6 | ★ |
| 6:00 - 7:00 | Adult | Lyra 1b | limit 6 | |
| 6:00 - 7:00 | Adult | Trapeze Intermediate 3 | limit 15 | |
| 7:00 - 8:00 | Adult | Fabrics Level 3 | limit 6 | |
| 7:00 - 8:00 | Adult | Vertical Pole Beginner 1 | limit 8 | |

★ SUITABLE FOR BRAND NEW STUDENTS