

MONDAY

11:00 - 12:00	Adult	Aerial Conditioning	limit 8	★
12:15 - 1:15	Adult	Aerial Conditioning	limit 8	★
12:15 - 1:15	Adult	Slings 4	limit 8	
3:45 - 4:45	Kids/MS	Slings 3, Ages 8-13	limit 6	
3:45 - 4:45	Adult	Slings 4	limit 6	
4:45 - 5:45	Kids/MS	Slings 2, Ages 8-13	limit 11	
4:45 - 5:45	MS	Slings 4	limit 10	
5:30 - 6:30	Adult	Vertical Pole Beginner 4	Limit 8	
5:45 - 6:45	Adult	Intro to Everything	limit 13	★
5:45 - 6:45	Adult	Trapeze Intermediate 4	limit 9	
6:30 - 7:30	Adult	Vertical Pole Intermediate 2	limit 7	
6:45 - 8:00	Adult	Trapeze Advanced 2	limit 20	
7:30 - 8:30	Adult	Vertical Pole Beginner 1	limit 8	
8:00 - 9:00	Adult	Slings 2	limit 6	
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 10	

THURSDAY

10:30 - 11:30	Kids	Toddler Trapeze Time, Ages 3-5	limit 12	★
11:30 - 1:00	Adult	Repertory Company		
12:00 - 1:00	Adult	Vinyasa Yoga	limit 6	★
1:00 - 1:45	Adult	Staff Yoga	Staff Only	
3:30 - 4:15	Kids	Trapeze Beginner 2, 1st - 3rd	limit 11	
4:15 - 5:00	Kids	Trapeze Beginner 3, 3rd - 5th	limit 13	
5:00 - 6:00	Adult	Rope 1	limit 7	
5:00 - 6:00	MS/HS	Slings 5	limit 9	
6:00 - 7:00	Adult	Rope 2	limit 8	
6:00 - 7:00	MS/HS	Slings 2/3	limit 12	
6:00 - 7:00	Adult	Vertical Pole Beginner 4	limit 8	
7:00 - 8:00	Adult	Slings 2	limit 7	
7:00 - 8:00	Adult	Trapeze Intermediate 3	limit 13	
7:00 - 8:00	Adult	Vertical Pole Beginner 3/4	limit 8	
8:00 - 9:00	Adult	Circus Bar Sequences <small>new students ok with instructor approval</small>	limit 8	
8:00 - 9:00	Adult	Flying Pole Int/Adv	limit 6	

TUESDAY

12:00 - 1:00	Adult	Slings 3	limit 12	
12:00 - 1:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 <small>Pre-Req: One Session completed</small>	Current Adult Students Only	
12:15 - 1:15	Adult	Open Studio - Pole <small>Pre-Req: One Session completed</small>	Current Adult Students Only	
1:00 - 2:00	Adult	Lyra Advanced	limit 6	
3:15 - 4:00	Kids	Trapeze Intro/Beginner 1	limit 12	★
4:15 - 5:15	Kids/MS	Fabrics Intro/Level 1, Ages 11-16	limit 14	★
4:15 - 5:15	Kids/MS	Trapeze Intermediate 2/3	limit 12	
5:00 - 6:00	MS/HS	Trapeze Advanced 1	limit 18	
5:00 - 6:00	Adult	Vertical Pole Int/Adv	limit 8	
5:15 - 6:00	Kids/MS	Intro to Slings, Ages 8-13	limit 15	★
6:00 - 7:00	Adult	Trapeze Intermediate 1	limit 15	
6:00 - 7:00	Adult	Intro to Slings (mixed level)	limit 8	★
6:00 - 7:00	Adult	Vertical Pole Advanced	limit 8	
7:00 - 8:00	Adult	Vertical Pole Beginner 2	limit 8	
7:00 - 9:00	Adult	Repertory Company		

FRIDAY

9:30 - 10:30	Adult	Aerial Yoga	limit 12	★
12:00 - 1:00	Adult	Dance Trapeze Choreography	limit 6	
12:30 - 1:30	Adult	Strength & Flexibility	limit 8	★
1:00 - 2:00	Adult	Bungee 1	limit 6	
2:15 - 3:15	Adult	Intro to Bungee	limit 6	★
3:45 - 4:30	Kids	Intro to Trapeze, K-5th	limit 9	★
4:15 - 5:00	Kids/MS	Trapeze Intro/Beginner 1, 5th-8th	limit 10	★
4:45 - 5:45	Adult	Fabrics Conditioning	limit 8	
4:45 - 5:45	Adult	Fabrics Open Studio - all levels <small>Pre-req: One session completed</small>	Current Adult Students Only	
5:00 - 6:00	MS/HS	Trapeze Beginner 3	limit 10	
5:45 - 6:45	Adult	Intro to Rope	limit 6	

SATURDAY

9:00 - 10:00	Adult	Open Studio - Trapeze <small>Pre-req: One session completed</small>	Current Adult Students Only	
10:00 - 11:00	Kids	Trapeze Mixed Level, 2nd - 3rd	limit 12	
11:00 - 12:00	Kids	Trapeze Intro/Beginner 1, PreK-1st	limit 18	★
12:00 - 1:00	Kids	Trapeze Mixed Level, 4th - 8th	limit 18	★
1:00 - 2:00	Adult	Slings 4	limit 8	
1:00 - 2:15	Adult	Trapeze Advanced 1	limit 10	
3:00 - 4:00	Adult	Vertical Pole Heels 3a	limit 6	

WEDNESDAY

12:00 - 1:00	Adult	Intro to Flying Pole	limit 6	★
12:00 - 1:00	Adult	Fabrics Level 2	limit 9	
1:00 - 2:00	Adult	B52s Trapeze Mixed Level	limit 14	
3:00 - 3:45	Kids	Trapeze Beginner 1/2, K-5th	limit 12	
3:30 - 4:45	YA	Trapeze Advanced 2, HS+	limit 10	
3:45 - 4:45	Kids	Trapeze Intermediate 1, 3rd-6th	limit 8	
4:45 - 5:45	Adult	Fabrics Level 1	limit 10	
4:45 - 5:45	Adult	Fabrics Level 2	limit 9	
5:00 - 6:00	MS/HS	Vertical Pole Mixed Level	limit 8	
5:45 - 7:00	Adult	Fabrics Level 5	limit 12	
6:00 - 7:00	Adult	Vertical Pole Intro to Everything	limit 12	★
6:00 - 7:00	Adult	Vertical Pole Beginner 1	limit 8	
7:00 - 8:00	Adult	Lyra 2a	limit 6	
7:00 - 8:00	Adult	Vertical Pole Beginner 1	limit 6	
7:00 - 8:00	Adult	Fabrics Level 3	limit 11	
8:00 - 9:00	Adult	Intro to Fabrics <small>*open to students who have completed Intro to Everything</small>	limit 8	

SUNDAY

12:00 - 12:45	Kids	Intro to Trapeze, 3-5 year olds	limit 6	★
12:45 - 2:00	Adult	Fabrics Level 5	limit 6	
1:00 - 2:00	Adult	Intro to Lyra	limit 8	★
2:00 - 3:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 <small>Pre-Req: One Session completed</small>	Current Adult Students Only	
2:00 - 3:00	Adult	Lyra 1a	limit 6	
3:00 - 4:00	Adult	Lyra 2b	limit 6	
3:00 - 4:00	Kids	Trapeze Mixed Level, K-5th	limit 8	★
3:00 - 4:00	Adult	Vertical Pole Intermediate 1	limit 8	
4:00 - 5:00	Adult	Lyra 2a	limit 7	
4:00 - 5:00	Adult	Vertical Pole Heels 3b	limit 6	
5:00 - 6:00	Adult	Trapeze Beginner 1 <small>*open to students who have completed Intro to Everything</small>	limit 6	
5:00 - 6:00	Adult	Vertical Pole Beginner 2	limit 8	
6:00 - 7:00	Adult	Open Studio - Pole <small>Pre-Req: One session completed</small>	Current Adult Students Only	
6:00 - 7:00	Adult	Lyra 1b	limit 6	
6:00 - 7:00	Adult	Trapeze Intermediate 3	limit 15	
7:00 - 8:00	Adult	Fabrics Level 3	limit 6	
7:00 - 8:00	Adult	Vertical Pole Intro to Pole	limit 8	★

GENERAL INFORMATION

REGISTER AT [TINYURL.COM/CANOPYREGISTRATION](https://tinyurl.com/canopyregistration)

Register by 10/7. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures. All students must register and pay for the session in advance. Canopy will only issue account credits/refunds if we have to cancel more than two weeks of classes. Refunds will incur an additional \$20 admin fee. No payment disputes will be considered after 90 days from the transaction date. Account credits will expire after 12 months. No in-person registration. \$5 late fee applies after first class of the session.

11-WEEK TUITION

45-min classes - \$202.95 · 1-hour classes - \$231 (bungee \$308) · 1.25-hour classes - \$264

★ SUITABLE FOR BRAND NEW STUDENTS

Questions? Email info@canopystudio.org or visit canopystudio.org