



# SPRING SESSION

MARCH 10 - MAY 18

NO CLASSES 4/20, 5/2, 5/3, 5/4 · OTHER CLASSES MAY HAVE ADDITIONAL CANCELLATIONS

## MONDAY

11:00 - 12:00	Adult	Rope & Fabrics Level 1	limit 12
12:15 - 1:15	Adult	★ Aerial Conditioning	limit 8
12:15 - 1:15	Adult	Slings 4	limit 8
3:45 - 4:45	Kids/MS	Slings 3, Ages 8-13	limit 6
3:45 - 4:45	Adult	Slings 5	limit 6
4:45 - 5:45	Kids/MS	Slings 2, Ages 8-13	limit 11
4:45 - 5:45	MS	Slings 4	limit 10
5:30 - 6:30	Adult	Vertical Pole Beginner 4	limit 8
5:45 - 6:45	Adult	★ Intro to Everything	limit 13
5:45 - 6:45	Adult	Trapeze Intermediate 4	limit 9
6:30 - 7:30	Adult	Vertical Pole Intermediate 2	limit 8
6:45 - 8:00	Adult	Trapeze Advanced 2	limit 20
7:30 - 8:30	Adult	Vertical Pole Beginner 2	limit 8
8:00 - 9:00	Adult	Slings 2	limit 7
8:00 - 9:00	Adult	Trapeze Intermediate 1	limit 10
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, Fabrics Pre-Req: One Session completed	Current Adult Students Only
8:30 - 9:30	Adult	★ Vertical Pole - Intro to Pole	limit 8

## TUESDAY

11:00 - 12:00	Adult	Slings 1	limit 12
12:00 - 1:00	Adult	Slings 3	limit 12
12:00 - 1:00	Adult	Open Studio - Trap, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only
1:00 - 2:00	Adult	Lyra Advanced	limit 6
1:00 - 2:00	Adult	★ Striking a Balance: DBT Skills through Aerial Arts	limit 15
3:15 - 4:00	Kids	★ Trapeze Intro/Beginner 1, K-5th	limit 13
4:00 - 5:00	Kids/MS	Trapeze Intermediate 2/3 (4th-8th)	limit 8
4:15 - 5:15	Kids/MS	Fabrics 1/2, Ages 11-16	limit 14
5:00 - 6:00	MS/HS	Trapeze Advanced 1	limit 8
5:15 - 6:00	Kids/MS	Slings 1, Ages 8-13	limit 15
6:00 - 7:00	Adult	Trapeze Intermediate 1	limit 15
6:00 - 7:00	Adult	Slings 1	limit 8
6:00 - 7:00	Adult	Vertical Pole Advanced	limit 8
7:00 - 8:00	Adult	Vertical Pole Beginner 3/4	limit 8
7:00 - 9:00	Adult	Repertory Company	
8:00 - 9:00	Adult	Open Studio - Pole Pre-Req: One session completed	Current Adult Students Only

## WEDNESDAY

12:00 - 1:00	Adult	★ Intro to Flying Pole	limit 6
12:00 - 1:00	Adult	Fabrics Level 2	limit 9
1:00 - 2:00	Adult	B52s Trapeze Mixed Level	limit 14
3:00 - 3:45	Kids	Trapeze Beginner 1/2, K-5th	limit 12
3:30 - 4:45	YA	Trapeze Advanced 2, HS+	limit 10
3:45 - 4:45	Kids	Trapeze Intermediate 1, 3rd-6th	limit 8
4:45 - 5:45	Adult	Fabrics Level 1	limit 10
4:45 - 5:45	Adult	Fabrics Level 2	limit 9
5:00 - 6:00	MS/HS	Vertical Pole Mixed Level	limit 8
5:45 - 7:00	Adult	Fabrics Teacher Training	current Canopy Fabrics teacher
6:00 - 7:00	Kids/MS	★ Intro to Slings, 4th-8th	limit 6
6:00 - 7:00	Adult	Vertical Pole Beginner 3	limit 8
7:00 - 8:00	Adult	Lyra 2a	limit 6
7:00 - 8:00	Adult	Vertical Pole Heels 1/2	limit 8
7:00 - 8:00	Adult	Fabrics Level 3	limit 12
8:00 - 9:00	Adult	Fabrics Level 1	limit 12
8:00 - 9:00	Adult	Trapeze Beginner 1	limit 8
8:00 - 9:00	Adult	Vertical Pole Heels 3a	limit 8

## GENERAL INFORMATION

QUESTIONS? EMAIL [INFO@CANOPYSTUDIO.ORG](mailto:INFO@CANOPYSTUDIO.ORG)  
REGISTER AT [CANOPYSTUDIO.ORG](http://CANOPYSTUDIO.ORG)

Register by 3/10. All waivers must be signed before training. Please visit [canopystudio.org](http://canopystudio.org) for all our policies and procedures. All students must register and pay for the session in advance. Payment plans available. \$5 late fee applies after first class of the session.

### 10-WEEK TUITION

45-min - \$204.50 · 1-hour - \$230 (bungee \$252) · 1.25-hour - \$260

★ SUITABLE FOR BRAND NEW STUDENTS

## THURSDAY

10:30 - 11:30	Kids	★ Toddler Trapeze Time, Ages 3-5	limit 12
11:30 - 1:00	Adult	Repertory Company	
12:00 - 1:00	Adult	★ Pole Conditioning	limit 6
1:00 - 1:45	Adult	Staff Yoga	Staff Only
3:30 - 4:15	Kids	Trapeze Beginner 2, 1st - 3rd	limit 11
4:15 - 5:00	Kids	Trapeze Beginner 3, 3rd - 5th	limit 13
5:00 - 6:00	MS/HS	Slings 5	limit 9
5:00 - 6:00	Adult	Rope 2	limit 7
5:00 - 6:00	Adult	Vertical Pole Intermediate/Advanced	limit 8
6:00 - 7:00	Adult	Rope 3	limit 8
6:00 - 7:00	MS/HS	Slings 2/3	limit 12
6:00 - 7:00	Adult	Vertical Pole Intermediate 1	limit 8
7:00 - 8:00	Adult	Vertical Pole Beginner 3/4	limit 8
7:00 - 8:00	Adult	Slings 2/3	limit 7
7:00 - 8:00	Adult	Trapeze Intermediate 3	limit 13
8:00 - 9:00	Adult	Circus Bar Sequences new students ok with instructor approval	limit 8
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, & Fabrics Pre-Req: One Session completed	Current Adult Students Only

## FRIDAY

9:30 - 10:30	Adult	★ Aerial Yoga	limit 12
12:00 - 1:00	Adult	Dance Trapeze Choreography	limit 6
12:30 - 1:30	Adult	★ Strength & Flexibility	limit 8
1:00 - 2:00	Adult	Bungee 1	limit 6
2:15 - 3:15	Adult	★ Intro to Bungee	limit 6
2:15 - 3:15	Adult	Heels 3a	limit 6
3:45 - 4:30	Kids	Trapeze Beginner 1/2, K-5th	limit 9
4:15 - 5:00	Kids/MS	Trapeze Intro/Beginner 1, 5th-8th	limit 10
4:45 - 5:45	Adult	Fabrics Conditioning	limit 8
4:45 - 5:45	Adult	Fabrics Open Studio - all levels Pre-req: One session completed	Current Adult Students Only
5:00 - 6:00	MS/HS	Trapeze Beginner 3	limit 10

## SATURDAY

9:00 - 10:00	Adult	Open Studio - Trapeze Pre-req: One session completed	Current Adult Students Only
10:00 - 11:00	Kids	Trapeze Mixed Level, 2nd - 3rd	limit 12
11:00 - 12:00	Kids	★ Trapeze Intro/Beginner 1, PreK-1st	limit 18
12:00 - 1:00	Kids	★ Trapeze Mixed Level, 4th - 8th	limit 18
1:00 - 2:00	Adult	Slings 5	limit 8
1:00 - 2:15	Adult	Trapeze Advanced 1	limit 10
2:15 - 3:15	MS/HS	Teen Open Studio	invite only

## SUNDAY

12:00 - 12:45	Kids	★ Intro to Trapeze, 3-5 year olds	limit 9
12:45 - 2:00	YA	Power Fabrics	limit 6
1:00 - 2:00	Adult	Intro to Lyra (continuing students only)	limit 8
2:00 - 2:55	Adult	Open Studio - Trap, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only
2:00 - 3:00	Adult	Lyra 1b	limit 6
2:00 - 3:00	Adult	Vertical Pole Beginner 1	limit 8
3:00 - 4:00	Adult	Vertical Pole Intermediate 1	limit 8
4:00 - 5:00	Adult	Lyra 2a	limit 7
4:00 - 5:00	Adult	★ Pole Conditioning	limit 8
5:00 - 6:00	Adult	Open Studio - Pole Pre-Req: One session completed	Current Adult Students Only
5:00 - 6:00	Adult	Trapeze Intermediate 1	limit 7
5:00 - 6:00	Adult	Lyra Intermediate	limit 4
6:00 - 7:00	Adult	★ Vertical Pole - Intro to Pole	limit 8
6:00 - 7:00	Adult	Lyra 1b	limit 6
6:00 - 7:00	Adult	Trapeze Intermediate 3	limit 15
7:00 - 8:00	Adult	★ Intro to Cloudswing	limit 6