



FALL 1 SESSION

AUGUST 3 - OCTOBER 11

No classes 9/7

MONDAY				
12:00 - 1:00	Adult	Aerial Conditioning	★●	limit 8
12:00 - 1:00	Adult	Slings 4		limit 6
2:30 - 3:30	Kids/MS/HS	Homeschool Slings		limit 15
3:45 - 4:45	Adult	Slings 5		limit 7
4:45 - 5:45	Kids/MS	Slings 3 (8-13 yo)		limit 11
4:45 - 5:45	MS/HS	Slings 5		limit 10
4:45 - 5:30	Kids/MS/HS	Ground Acrobatics, Ages 8+	★	limit 6
5:30 - 6:30	Adult	Handstands	★●	limit 6
5:30 - 6:30	Adult	Vertical Pole - Forever Intro to Pole (18+)	★●	limit 8
5:45 - 6:45	Adult	Intro to Everything	★●	limit 12
5:45 - 6:45	Adult	Trapeze Intermediate 4		limit 9
6:30 - 7:30	Adult	Vertical Pole Intermediate 3		limit 8
6:45 - 7:45	Adult	Partner Acro	★●	limit 6
6:45 - 8:00	Adult	Trapeze Advanced 2		limit 20
7:30 - 8:30	Adult	Vertical Pole Intermediate 1		limit 8
8:00 - 9:00	Adult	Slings 2		limit 7
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, Fabrics		Current Adult Students Only
		Pre-Req: One Session completed		
8:30 - 9:30	Adult	Vertical Pole Beginner 1		limit 8

TUESDAY				
12:00 - 1:00	Adult	Slings 4		limit 12
12:00 - 1:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2		Current Adult Students Only
		Pre-Req: One Session completed		
3:30 - 4:15	Kids	Intro to Slings (3rd-5th)	★	limit 18
4:15 - 5:15	Kids/MS	Fabrics Mixed Level, Ages 11-17	★	limit 13
5:15 - 6:00	Kids/MS	Slings 1/2, Ages 8-14		limit 5
5:15 - 6:00	Kids/MS	Slings 2/3, Ages 8-13		limit 10
5:45 - 7:00	Adult	Vertical Pole Advanced		limit 9
6:00 - 7:00	Adult	Trapeze Intermediate 2		limit 15
6:00 - 7:00	Adult	Slings 1		limit 4
7:00 - 8:00	Adult	Vertical Pole - Intro to Pole	★	limit 8
7:00 - 9:00	Adult	Repertory Company		

WEDNESDAY				
12:00 - 1:00	Adult	Fabrics Level 2		limit 12
12:00 - 1:00	Adult	Pole Conditioning	★●	limit 10
1:00 - 2:00	Adult	B52s Trapeze Mixed Level		limit 14
2:00 - 2:30	Adult	B52s Pole		limit 8
3:15 - 4:00	Kids	Trapeze Intro/Beginner 1 (K-5th)	★	limit 12
4:00 - 5:00	Kids/MS	Trapeze Intermediate 1, 3rd-6th		limit 8
5:00 - 6:00	Adult	Fabrics Level 3a		limit 16
5:00 - 6:00	Adult	Fabrics Level 3b		limit 4
6:00 - 7:00	Adult	Fabrics Teacher Training		current Canopy Fabrics teachers
6:00 - 7:00	Kids/MS	Slings 1, Age 8-13		limit 9
6:00 - 7:00	Adult	Trapeze Beginner 1		limit 6
6:00 - 7:00	Adult	Vertical Pole Intermediate 1		limit 8
7:00 - 8:00	Adult	Vertical Pole Beginner 1		limit 8
7:00 - 8:00	Adult	Lyra 2a		limit 6
7:00 - 8:00	Adult	Fabrics Level 4		limit 16
8:00 - 9:00	Adult	Fabrics Level 1		limit 10

GENERAL INFORMATION

Register by 8/3. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures. All students must register and pay for the session in advance. Payment plans available. \$5 late fee applies after first class of the session.

10-WEEK TUITION

45-min classes - \$210 · 1-hour classes - \$240 (bungee \$290) · 1.25-hour classes - \$270

DROP-IN PRICE

Open Studio - \$15 · 1-hour - \$30 (bungee \$32)

THURSDAY				
10:30 - 11:30	Kids	Toddle Trapeze Time (18 months+)	★●	
11:30 - 1:00	Adult	Repertory Company		limit 10
12:00 - 12:45	Adult	Yoga (mat-based)	★●	limit 8
3:30 - 4:15	Kids	Trapeze Beginner 4, K-5th		limit 8
4:15 - 5:00	Kids	Trapeze Intermediate 2, 6th - 9th		limit 13
4:30 - 6:00	Adult	Trapeze Advanced 3		limit 10
5:00 - 6:00	Adult	Rope 2		limit 7
5:45 - 6:45	Adult	Vertical Pole Beginner 3		limit 8
6:00 - 7:00	Adult	Rope 3		limit 8
6:00 - 7:00	MS/HS	Slings 3/4, 6th-12th		limit 12
6:45 - 7:45	Adult	Vertical Pole Beginner 4		limit 8
7:00 - 8:00	Adult	Slings 2/3		limit 6
7:00 - 8:00	Adult	Intro to Trapeze	★	limit 12
8:00 - 9:00	Adult	Circus Bar Sequences		limit 8
		new students ok with instructor approval		
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, & Fabrics		Current Adult Students Only
		Pre-Req: One Session completed		

FRIDAY				
9:30 - 10:30	Adult	Aerial Yoga	★●	limit 12
12:00 - 1:00	Adult	Conditioning with Weights	★●	limit 6
12:00 - 1:00	Adult	Intro to Bungee	★●	limit 6
1:00 - 2:00	Adult	Bungee 1		limit 6
2:00 - 3:00	Adult	Dance Trapeze Choreography		limit 6
3:30 - 4:15	Kids	Trapeze Beginner 2/3, K-5th		limit 9
4:15 - 5:00	Kids/MS	Trapeze Intro/Beginner 1, 3rd-6th	★	limit 6
4:30 - 5:30	MS/HS	Slings Intro/1, 6th-12th	★	limit 12
4:30 - 5:30	Adult	Fabrics Level 1		limit 7
4:40 - 5:40	Adult	Heels 3a		limit 8
5:30 - 6:30	Adult	Open Studio - Trapeze, Slings, Fabrics		Current Adult Students Only
		Pre-req: One session completed		
5:30 - 6:30	MS/HS	Trapeze Beginner 4		limit 10
5:30 - 6:30	Adult	Rope 1		limit 6
6:30 - 7:30	MS/HS	Teen Open Studio - all levels		Current MS/HS Students Only
		Pre-req: One session completed		

SATURDAY				
9:00 - 10:00	Adult	Open Studio - Trapeze		Current Adult Students Only
		Pre-req: One session completed		
10:00 - 11:00	Kids	Trapeze Mixed Level, 2nd - 3rd	★	limit 12
11:00 - 12:00	Kids	Trapeze Mixed Level, PreK-1st	★	limit 18
12:00 - 1:00	HS	Trapeze Mixed Level, 9th-12th	★	limit 10
1:00 - 2:00	Kids/MS	Trapeze Mixed Level, 4th - 8th	★	limit 10
1:00 - 2:00	Adult	Flying Pole 1	★	limit 6
2:00 - 3:00	Adult	Vertical Pole - Heels 3a		limit 8
2:00 - 3:15	Adult	Trapeze Advanced 1		limit 11

SUNDAY				
12:00 - 12:45	Kids	Intro to Trapeze, 3-5 year olds	★	limit 9
1:00 - 1:45	Kids	Trapeze Beginner 1/2, K-5th		limit 12
2:00 - 2:55	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2		Current Adult Students Only
		Pre-Req: One Session completed		
3:00 - 4:00	Adult	Trapeze Beginner 2		limit 8
3:00 - 4:00	Adult	Vertical Pole Intermediate 2		limit 8
4:00 - 5:00	Adult	Intro to Everything	★●	limit 12
4:00 - 5:00	Adult	Pole Conditioning	★●	limit 8
4:00 - 5:00	Adult	Lyra 2a		limit 7
5:00 - 6:00	Adult	Open Studio - Pole		Current Adult Students Only
		Pre-Req: One session completed		
5:00 - 6:00	Adult	Lyra Intermediate/Level 2		limit 7
5:00 - 6:00	Adult	Trapeze Intermediate 2		limit 8
6:00 - 7:00	Adult	Intro to Lyra	★	limit 8
6:00 - 7:00	Adult	Trapeze Intermediate 4		limit 12
6:15 - 7:15	Adult	Vertical Pole Beginner 2		limit 8

★ SUITABLE FOR BRAND NEW STUDENTS
● OK FOR DROP-IN

QUESTIONS? EMAIL [INFO@CANOPYSTUDIO.ORG](mailto:info@canopystudio.org) · REGISTER AT [CANOPYSTUDIO.ORG](http://canopystudio.org)