CANOPY STUDIO

Fall 2 Session

October 12 – December 20

No classes 11/26, 11/27, & 11/28; some class do not meet 11/25, 12/4, & 12/18

Monday

Time	Age	Level	Max
12:00 - 1:00	Adult	Aerial Conditioning ★●	limit 9
12:00 - 1:00	Adult	Slings 4	limit 6
2:30 - 3:30	Kids/MS/HS	Homeschool Slings ★	limit 15
3:30 - 4:30	Kids	ASP	closed
3:45 - 4:45	Adult	Slings 5	limit 7
4:45 - 5:45	Kids/MS	Slings 3 (8-13 yo)	limit 11
4:45 - 5:45	MS/HS	Slings 5	limit 10
4:45 - 5:30	Kids/MS/HS	Ground Acrobatics, Ages 8+ ★	limit 6
5:30 - 6:30	Adult	Handstands ★●	limit 6
5:30 - 6:30	Adult	Vertical Pole - Forever Intro to Pole (18+) ★●	limit 8
5:45 - 6:45	Adult	Intro to Everything ★●	limit 12
5:45 - 6:45	Adult	Trapeze Intermediate 4	limit 9
6:30 - 7:30	Adult	Vertical Pole Intermediate 3	limit 8
6:45 - 7:45	Adult	Partner Acro ★●	limit 6
6:45 - 8:00	Adult	Trapeze Advanced 2	limit 20
7:30 - 8:30	Adult	Vertical Pole Intermediate 1	limit 8
8:00 - 9:00	Adult	Slings 2	limit 7
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, Fabrics Pre-Req: One Session completed	Current Adult Students Only
8:30 - 9:30	Adult	Vertical Pole Beginner 1	limit 8

Tuesday

Time	Age	Level	Max
12:00 - 1:00	Adult	Slings 4	limit 12
12:00 - 1:00	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only
3:30 - 4:15	Kids	Intro to Slings (3rd-5th) ★	limit 18
4:15 - 5:15	Kids/MS	Fabrics Mixed Level, Ages 11-17	limit 13
5:15 - 6:00	Adult	Intro to Fabrics ★	limit 12
5:15 - 6:00	Adult	Intro to Slings ★	limit 6
5:45 - 7:00	Adult	Vertical Pole Advanced	limit 9
6:00 - 7:00	Adult	Trapeze Intermediate 2	limit 15
6:00 - 7:00	Adult	Slings 1	limit 5
7:00 - 8:00	Adult	Vertical Pole Beginner 1	limit 8
7:00 - 9:00	Adult	Repertory Company	

Wednesday

Time	Age	Level	Max
12:00 - 1:00	Adult	Fabrics Level 2	limit 12
12:00 - 1:00	Adult	Pole Conditioning ★●	limit 6
1:00 - 2:00	Adult	B52s Trapeze Mixed Level	limit 14
2:00 - 2:30	Adult	B52s Pole	limit 8
3:15 - 4:00	Kids	Trapeze Intro/Beginner 1 (K-5th) ★	limit 12
4:00 - 5:00	MS/HS	Slings Mixed Level ★	limit 12
4:00 - 5:00	Kids/MS	Trapeze Intermediate 1, 3rd-6th	limit 8
5:00 - 6:00	Adult	Fabrics Level 3	limit 16
6:00 - 7:00	Adult	Fabrics Teacher Training	current
6:00 - 7:00	Kids/MS	Slings 1, Age 8-13	limit 9
6:00 - 7:00	Adult	Vertical Pole Intermediate 1	limit 8
7:00 - 8:00	Adult	Vertical Pole Beginner 2	limit 8
7:00 - 8:00	Adult	Lyra 2a	limit 6
7:00 - 8:00	Adult	Fabrics Level 4	limit 16
8:00 - 9:00	Adult	Fabrics Level 1	limit 10

Thursday

Time	Age	Level	Max
10:30 - 11:30	Kids	Toddle Trapeze Time (18 months+) ★●	limit 12
11:30 - 1:00	Adult	Repertory Company	limit 10
12:00 - 12:45	Adult	Yoga (mat-based) ★●	limit 8
3:30 - 4:15	Kids	Trapeze Beginner 4, K-5th	limit 8
4:15 - 5:00	MS/HS	Trapeze Intermediate 2, 6th - 9th	limit 13
4:30 - 6:00	Adult	Trapeze Advanced 3	limit 10
5:00 - 6:00	Adult	Rope 2	limit 7
5:45 - 6:45	Adult	Vertical Pole Beginner 3/4	limit 8
6:00 - 7:00	Adult	Rope 3	limit 8
6:00 - 7:00	MS/HS	Slings 3/4, 6th-12th	limit 12
6:45 - 7:45	Adult	Vertical Pole Beginner 4	limit 8
7:00 - 8:00	Adult	Slings 2/3	limit 6
7:00 - 8:00	Adult	Trapeze Beginner 1	limit 12
8:00 - 9:00	Adult	Circus Bar Sequences new students ok with instructor approval	limit 8
8:00 - 9:00	Adult	Open Studio - Trapeze, Slings, & Fabrics Pre-Req: One Session completed	Current Adult Students Only

Friday

Time	Age	Level	Max
9:30 - 10:30	Adult	Aerial Yoga ★●	limit 12
12:00 - 1:00	Adult	Intro to Bungee ★●	limit 6
1:00 - 2:00	Adult	Bungee 1	limit 6
2:00 - 3:00	Adult	Dance Trapeze Choreography	limit 6
3:30 - 4:15	Kids	Trapeze Beginner 2/3, K-5th	limit 12
4:15 - 5:00	Kids/MS	Trapeze Intro/Beginner 1, 3rd-6th ★	limit 6
4:30 - 5:30	Adult	Fabrics Level 1	limit 7
4:40 - 5:40	Adult	Vertical Pole - Pole Classique 4	limit 8
5:30 - 6:30	MS/HS	Trapeze Intermediate 1	limit 10
5:30 - 6:30	Adult	Open Studio - Trapeze, Slings, & Fabrics Pre-Req: One Session completed	Current Adult Students Only
5:45 - 6:45	Adult	Rope 1 (new students ok w/ instructor permission)	limit 6
6:00 - 7:00	Adult	Vertical Pole - Pole Classique 1/2	limit 8
6:30 - 7:30	MS/HS	Teen Open Studio - all levels Pre-req: One session completed; check schedule	Current MS/HS Students Only

Saturday

Time	Age	Level	Max
9:00 - 10:00	Adult	Open Studio - Trapeze Pre-req: One session completed	Current Adult Students Only
10:00 - 11:00	Kids	Trapeze Mixed Level, 2nd - 3rd ★	limit 14
11:00 - 12:00	Kids	Trapeze Mixed Level, PreK-1st ★	limit 18
12:00 - 1:00	HS	Trapeze Mixed Level, 9th-12th ★	limit 13
1:00 - 2:00	Kids/MS	Trapeze Mixed Level, 4th - 8th ★	limit 13
2:00 - 3:15	Adult	Trapeze Advanced 1	limit 11
3:15 - 4:15	Adult	Flying Pole 1 ★	limit 6

Sunday

Time	Age	Level	Max
12:00 - 12:45	Kids	Intro to Trapeze, 3-5 year olds ★	limit 9
1:00 - 1:45	Kids	Trapeze Beginner 1/2, K-5th	limit 12
2:00 - 2:55	Adult	Open Studio - Trapeze, Slings, Lyra & Fabs L1/L2 Pre-Req: One Session completed	Current Adult Students Only
2:00 - 3:00	Adult	Open Studio - Pole Pre-Req: One Session completed	Current Adult Students Only
3:00 - 4:00	Adult	Trapeze Beginner 3	limit 9
3:00 - 4:00	Adult	Vertical Pole Intermediate 2 ★●	limit 8
4:00 - 5:00	Adult	Intro to Everything ★●	limit 12
4:00 - 5:00	Adult	Pole Conditioning	limit 8
4:00 - 5:00	Adult	Lyra 2a	limit 7
5:00 - 6:00	Adult	Vertical Pole - Intro to Pole	limit 8
5:00 - 6:00	Adult	Lyra Intermediate/Level 2	limit 7
5:00 - 6:00	Adult	Trapeze Intermediate 2	limit 8
6:00 - 7:00	Adult	Trapeze Intermediate 4	limit 12
6:00 - 7:00	Adult	Lyra 1	limit 8
6:15 - 7:15	Adult	Vertical Pole Beginner 3	limit 8

General Information

Register by 10/12. All waivers must be signed before training. Please visit canopystudio.org for all our policies and procedures. All students must register and pay for the session in advance. Payment plans available. $5 late fee applies after first class of the session.

10-week tuition
45-min classes - $210 · 1-hour classes - $240 (bungee $290)
1.25-hour classes - $270

Drop-in Price
Open Studio - $15 · 1-hour - $30

★ Suitable for brand new students ● OK for Drop-in

Questions? Email info@canopystudio.org · Register at canopystudio.org